

Year 7 Camp Equipment List

Students need to be inside the MPC at 8:30am on Wednesday 1 March 2023. Traffic will be heavier than usual **so please allow extra time to get to school**, particularly if it is wet. It is vital that parents **DO NOT** drop off or pick up their children in the school bus bay. Please say goodbye to your child outside the MPC – parents are NOT to come into the MPC.

Before you leave your child on Wednesday morning, please make a VERY CLEAR ARRANGEMENT WITH YOUR CHILD about where you will meet them on Friday afternoon. Please collect your child promptly.

Collecting Students

Parents or carers can collect their child from the Lower Playground (at the front of the school). Parents will need to escort their child across Purchase Road. This is a safety requirement due to the large volume of cars and buses making it extremely dangerous for students with bags trying to navigate their way across the road.

STUDENTS WILL NOT BE ALLOWED TO GET INTO CARS ILLEGALLY STOPPING IN THE SCHOOL BUS BAY.

Students will arrive back at school on Friday 3 March at approximately 1.45pm. Students may

1. Walk home (please provide permission by email to rebecca.howard11@det.nsw.edu.au)
- OR
2. Wait in the lower playground until their parents or carers arrive to collect them

Parking

- **DO NOT park illegally in the school bus bay – teachers will be on duty to prevent this**
- **DO NOT park in the John Purchase ‘Kiss and Drop Zone’**
- **DO NOT park in the teacher’s car park (you will not be able to get through the boom gate)**

Parents should park in the surrounding streets, in a manner that respects access for local residents, and walk to the lower playground to collect their child.

Luggage for Year 7 and Year 11

Luggage is limited to **ONE** suitcase or bag (with wheels) **AND** one day pack/backpack. There is to be nothing left out of your luggage including the sleeping bag. Students will need to wheel this bag some distance to their cabin so please make sure it is light enough and portable enough for your child to manage. Teachers WILL NOT carry student’s bags for them.

Please ensure all daypacks and suitcases are CLEARLY LABELLED.

Medication - only prescribed medication in original packaging is to be taken to camp

Students are not allowed to keep medications in their luggage or cabins. All prescribed medication will be collected from students in the MPC before leaving CTHS (except for Epipens and Asthma medication). All medication must be in original containers and placed in a ziplock bag labelled with the student’s name, with instructions regarding times and dosages. **Only prescribed medication will be administered - no other medication is to be taken to camp.**

Anaphylaxis and Asthma – students must keep their Epipens and Asthma puffers with them at all times. Epipens should be accompanied by a current (2022) Anaphylaxis plan. Epipens and Asthma puffers must not be out of date. The dates of Epipens and Asthma puffers will be checked before students leave for camp.

Clothing Requirements

- Sufficient clothing for warm days and cool nights including T-shirts, shorts, tracksuit or jeans, jumper, pyjamas and underwear.



- All shirts or T-shirts **MUST** have sleeves - Singlet tops are **NOT PERMITTED** due to the camp's and school's Sun Protection policy.
- Swimmers, bathers or board shorts must be worn for swimming at the pool.
- T-shirts must not have slogans or logos related to **sex, alcohol or drugs**.
- Short shorts are not permitted as they are unsuitable for camp activities (safety harnesses will rub the inside of your legs), particularly the high ropes, abseiling and initiative games. You will be sent back to your cabin to change if you wear very short shorts.



- Joggers **MUST** be worn at all times when participating in both indoor and outdoor activities. Shoes must be fully enclosed with laces.
- A pair of **OLD** shoes or water shoes will be needed for canoeing. These will get wet and muddy so cannot be used for other camp activities. Sandals and thongs are not appropriate because 'wet', shoes must be enclosed.
- Soft canvas shoes must **NOT** be worn at camp for any activities other than canoeing. Soft canvas can only be used for 'wet' shoes.

If rain is forecast during the camp, it is recommended that you pack a jumper and additional clothing, socks and shoes as it is important to have warm and dry clothing available.

Equipment

In your suitcase or bag you **MUST** bring:

- sleeping bag (or sheets if very hot weather is expected)
- Pillow and pillow case
- towel
- all toiletries – no spray deodorants as they can trigger the smoke alarms



In your **day pack** that you carry with you each day you **MUST** have:

- water bottle
- swimmers and beach towel
- sun screen and hat
- insect repellent
- rain jacket or poncho or folding umbrella



You will **NOT** be allowed back to the cabin during the day so make sure you pack everything you need for both morning and afternoon activities before you leave your cabin in the morning.

Students should **not** bring mobile phones, iPods or other electronic devices. Please be aware that teachers will not spend excessive amounts of time investigating the loss, theft or damage of these items, nor will the school accept responsibility for their loss, theft or damage.

Students will receive sufficient food and drink throughout the day so there is no need to bring excessive junk food. Soft drinks and energy drinks are not permitted at camp.

Students **MUST NOT** bring any money. There will be **NO** opportunity to buy anything!



If you have any questions, please email Ms Howard at rebecca.howard11@det.nsw.edu.au

