

NETWORK

CHERRYBROOK TECHNOLOGY HIGH SCHOOL

Term 3

Week 5B

19 August 2016



DEPUTY PRINCIPAL'S REPORT

Chinese Study Tour 2017

On Tuesday evening there was a presentation by China Bestours (CTB), the company organising the inaugural China Study tour for CTHS scheduled for September 2017. In attendance were a keen group of LOTE students who are currently studying Chinese in Stage 5 and their parents. Details regarding the proposed itinerary were discussed and included a trip on the bullet train to Beijing to visit Tiananmen Square, the Forbidden City and the Great Wall of China. Whilst in China, the students will be attending classes at our sister school in Shanghai, Luwan Senior High School, and will be staying in a homestay arrangement with their designated Chinese buddies, with whom they will be paired. This trip will provide a great opportunity for those students intending to study the Chinese language course in Stage 6, to improve their language skills and learn about the culture of an incredible country.

Science Week

The science KLA have been busy organising a range of exciting science related events to celebrate 'Science Week'. I was excited to see a presentation showing the wonders of Liquid Nitrogen which would have made world famous chef, Heston Blumenthal, proud! Students in attendance were also awestruck by what they witnessed. A more detailed report is included in this *Network*. A big thank you to all the science staff, who organised the events for this week.

Bstreetsmart

All Year 10 students attended the Bstreetsmart event on Wednesday (previously known as the Youth and Road Trauma Forum). This event provides students with a realistic look at the trauma caused by road crashes, as well as information and strategies in an attempt to reduce serious deaths and injuries on our roads. The day includes a combination of realistic demonstrations and role plays, crash dynamics, rescue procedures and simulations of vehicle stopping distances. Feedback from the event indicated it was well received by all in attendance. A full report will be included in next week's *Network*.

OPAL Ticketing Information for School Excursions

We have been informed by Transport for NSW that as of 1 August, all customers travelling inside the Opal network require a valid Opal Card. This will impact students travelling to destinations for school excursions via public transport. Please note, in these situations students **must** use their **own personal** Child/Youth Opal Card. Some students have a School Opal Card, which they use for travelling between school and home. These cards **ARE NOT** valid for travel on school excursions. Parents are reminded to ensure students' personal Opal Cards have enough credit on them to cover the cost of the school excursion travel.

Jenny Blundell runs in the 1,500m Semi-finals

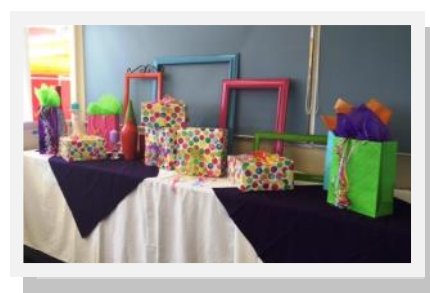
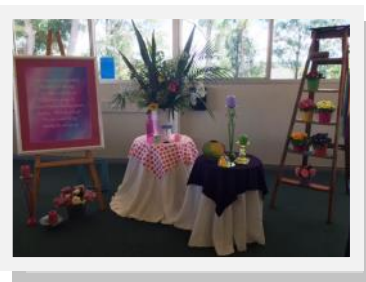
On Monday morning, many staff gathered around the TV to watch ex-student, Jenny Blundell, run her semi-final in the 1,500m in what was her Olympic debut. Jenny recorded a 4:09:05 in her heat to progress to the semis in what has been an amazing season for her, shaving huge chunks off her previous personal best times. Jenny ran from the front in a gutsy performance, but was swamped by some of the more fancied athletes in the final lap, finishing eleventh with a time of 4:13:25. We congratulate Jenny on her proud semi-finals performance. Given her young age and her extraordinary efforts of late, we are sure this will not be the last time we hear of Jenny's exploits on the athletics track.



Volunteers' Luncheon

I had the pleasure of attending the annual Volunteers luncheon this week. As in past years, the catering was by our Year 11 hospitality students, who did an absolutely superb job, providing a stunning two-course meal. The function was attended by approximately 40 parents and helpers who, not only enjoyed the variety of tasty fare on offer, but also competed for a range of lucky door prizes. May, Debbie, Donna, Judy and their team are to be congratulated on a fabulously organised function whilst Mr Fisher, one of our fine hospitality teachers, is to be applauded for doing a wonderful job of leading our marvellous Year 11 students in catering for the event.

If there are any parents who are keen to help out in the Canteen, no matter how big or small, your time contribution would be much appreciated.



Cherrybrook Olympics 2016

Wednesday was a big day for our newly elected SRC Executive. The Student Executive undertook a mufti-day with an *Olympics* theme and money raised from the day was donated to Disability, Sport and Recreation and The Kokoda Track Foundation (KTF). The money for the KTF will help a number of the PNG boys, who were carriers for staff and students on the recent CTHS trip to Papua New Guinea. This will assist them in their quest to compete in the PNG Games in November this year. Our Sports Executive had the students running around the basketball court in a range of sporting activities, including basketball free throws and the 'Ultimate Relay', as part of the Cherrybrook Olympics. The event was well attended and to use a well-worn cliché, "Sport was the winner on the day!" Both Student Executive groups are to be congratulated on their efforts, with just under \$2,700 raised.

HSC Drama Performance Night

The drama students again showcased their amazing talents with their group and individual performances. From the very topical STEM emphasis in the curriculum to the depths of despair of Biff, in *Death of a Salesman*, the students had the audience on a roller coaster of emotions. The performers transported us to Ancient Greece via the Greek God *Ajax*, *The Mad Hatter's Tea Party*, to the streets of Newcastle.

Congratulations to all performers and Ms Cannon their teacher. Such excellence does not just happen, it takes hours of practice and dedication to get things just right. Best wishes for continued success in the HSC drama practical exam, which will take place on Friday 26 August.

Mr Clements

Cyberbullying

I was fortunate to go to a meeting on Friday where a representative from the Office of Children's eSafety spoke. They have been given the responsibility of:

- Dealing with complaints about serious cyberbullying material affecting Australian children (under the age of 18)
- Investigating offensive or illegal online content
- Providing online safety education and training and undertaking research.

The Office works with social media services to quickly remove serious cyberbullying material. This is one area where schools receive calls from parents to help them with incidents involving their children. The Office has set up the following process on how to report cyberbullying material:

1. Report the cyberbullying material to the social media service
2. Collect evidence - copy URLs or take screenshots of the material

If the content is not removed within 48 hours:

3. Report it to www.esafety.gov.au/reportcyberbullying
4. Block the person and talk to someone you trust.

Complaints can be made by a child, their parent or another responsible person the child has authorised to make the complaint for them.

The ever changing nature of the internet can pose challenges for parents who wish to keep on top of their children's technology use. While children might seem to be tech savvy, they still need a parent's guiding hand to help make sure their online experience is positive and safe. The following site may help if you are finding keeping up with your child's online use baffling.
<https://www.esafety.gov.au/education-resources/iparent>

Mrs Bevan

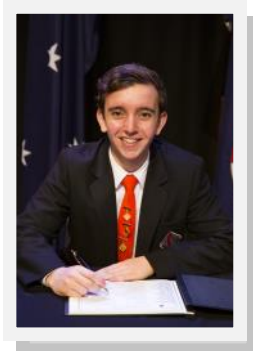
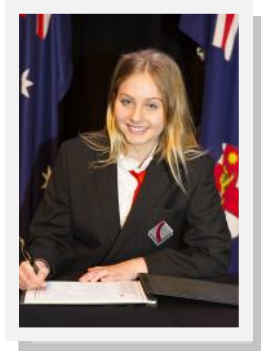
International Day

Dear families of the Cherrybrook Community

We'd like to formally invite you to our anticipated International Day Assembly on Tuesday 23 August at 6:30pm in the MPC. Be taken around the world through the diverse performances Cherrybrook Technology High School has to offer on a night you will surely enjoy. Our Assembly aims to celebrate and showcase the talent and multiculturalism of our school.

We hope to see you there.

Carmen Bagnulo and Andrew Quattrocchi, International Relations Representatives



August 2016



**Cherrybrook
Technology
High School**

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Cherrybrook NSW 2126

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Website
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Principal
Mr G Johnson

Deputy Principals
Mrs J Bevan
Mr M Townsend
Mr B Clements

International Day

Dear Parents and Students

Cherrybrook Technology High School celebrates the diversity of cultures at International Day on Tuesday 23 August 2016. There will be food stalls prepared by students and parents to embrace this event.

Please be aware students with anaphylaxis and allergies will be participating in the International Day. Anaphylaxis is a potentially life threatening, severe allergic reaction.

The following guidelines have been put in place in accordance with the Department of Education Policy.

All ingredients in the food at International Day **must NOT contain peanuts, tree nuts or any nut products**. This does not include foods labelled as, "may contain traces of nuts".

As some students have anaphylactic or allergic reactions to other food types, all food being sold at International Day **must** have a sign next to it, listing the ingredients used in the production process. **This would include preparing the food wearing latex gloves.**

A copy of the 2016 ASCIA Anaphylaxis General Plan will be on display in the vicinity of the stalls. Please note students who have not been diagnosed with an allergy or anaphylaxis, could possibly have a reaction.

All students diagnosed with anaphylaxis must carry their own in-date Epipen with their ASCIA Anaphylaxis Personal Plan at all times. They will be asked to show these prior to and/or on International Day. If they cannot demonstrate both items they will not be permitted to participate.

Students should also be aware sharing food may lead to an allergic or anaphylactic reaction, as the ingredients may not be easily identifiable.

ASCIA identifies the symptoms of anaphylaxis as:

- Difficult/noisy breathing
- Swelling of tongue
- Swelling/tightness in throat
- Difficulty talking and/or hoarse voice
- Wheeze or persistent cough
- Persistent dizziness and/or collapse
- Pale and floppy (in young children)

In some cases, anaphylaxis is preceded by less dangerous allergic symptoms such as:

- Swelling of face, lips and/or eyes
- Hives or welts
- Abdominal pain, vomiting (these are signs of anaphylaxis for insect allergy)

All participants should contact a CTHS staff member immediately in an emergency.

Thank you for your support.

International Day Organisers

Year 9 Seminars Term 3 Week 8, 2016

As part of Cherrybrook Technology High School's welfare initiatives students in Year 9 are provided with the opportunity to participate in seminars on self-protection, conflict psychology and motivation.

The girls' 'Back Off!' seminar will be held on Wednesday 7 and Thursday 8 September during periods 1 and 2.

The boys' 'Secret Bloke's Business' seminar will be held on Wednesday 7 September during periods 3 and 4.

Permission notes, detailing the costs, will be sent home during Week 6. Please find following further information about the seminars.

Mrs Navarro, Head Teacher Student Programs

Girls' Seminar - 'Back Off!'

Stage 1 is an introduction to the three key elements of effective Self Protection:

1. Developing the ability to control the way we think in a pressure situation
2. Understanding how the offender thinks in the situation
3. The importance of always having a strategy

Course outcomes include increased knowledge of:

- ◆ Fear Management
- ◆ Belief Systems
- ◆ Self-Motivation
- ◆ Negative Role Models
- ◆ Dealing with Harassment
- ◆ How the Harasser Thinks
- ◆ Physical Strikes and Common Abduction Holds
- ◆ Offender Psychology
- ◆ Pro-Active Strategies
- ◆ Case Studies
- ◆ Research/Statistical Information
- ◆ Three Stages of Confrontation
- ◆ Effective Options
- ◆ Open Discussion and Question Time with Feedback

Boys' Seminar - 'Secret Bloke's Business'

Secret Bloke's Business is a course designed specifically to address issues confronting young men in the new millennium.

The main focus behind 'Secret Bloke's Business' is to deliver a frank, open and down-to-earth presentation to the boys, which examines critical issues such as; peer pressure, decision making, self-discipline, respect, motivation and essential keys required for success.

Three key elements addressed in the presentation are:

- ◆ Taking responsibility for yourself and your actions
- ◆ Life is all about choice
- ◆ The importance of respect and self-discipline

Course outcomes include increased knowledge of:

- ◆ Dealing with peer pressure (drink driving)
- ◆ What is Date Rape?
Actions and Consequences - Legal Definitions
Alcohol/Drugs - Complaint process
Self-Discipline/Respect - When "No" means "No"
- ◆ Aggression Vs Assertion
- ◆ Motivation
- ◆ Ten essential keys to success
- ◆ Learning from your mistakes
- ◆ Open discussion and question time with feedback
- ◆ 'The 10 Keys to Success' handout provided to students

CREATIVELY SPEAKING

HSC Drama Performance Night

Our annual HSC Drama Performance Night held on Tuesday night was attended by a wonderfully responsive audience made up of family, friends and staff members. The evening began with a piece entitled *The Arts*. Impetus for this work came from the apparent gaping absence of the **A** (for Arts) in the emerging push to place increasing emphasis upon the subjects which align more with the S.T.E.M focus of academic disciplines. It is predicted that 75% of future employment will be found in S.T.E.M related jobs. Erudite original thinkers will be required to tease through many perplexing conundrums posed by fast paced developments in technology.

Truth-seeking, open-mindedness, self-confidence and maturity, the capacity to deal with real-world problems which require open-ended discussions and foster inquiry-oriented experiments, are all elements which contribute to the development of critical thinking capabilities. This being the case, the acronym, S.T E.A.M, which places the importance of arts based disciplines and practices firmly within the equation, seems more than appropriate; it seems essential.

The dynamism of the collaborative process which, so often defines artistic endeavour calls upon ALL of the critical thinking capabilities previously mentioned. With the highest of all the higher order thinking skills identified as *DESIGN*, which embraces such verbs as compose, generate, invent, synthesise and *CREATE*, surely S.T E.A.M is the fusion which best promises the most balanced approach to the challenges which lie ahead for our young who must solve the many dilemmas that will demand innovative thought and judicious action.

The Group Performance entitled, *My Lord* mixed physical comedy with an intriguing plotline. When a reigning monarch becomes convinced that his grasp on power is slipping out of his reach, he enlists the counsel of his closest advisers. This work makes thinly veiled references to certain political leaders whose hold on power can be best described as tenuous.

Of our ten Year 12 HSC Drama candidates this year, eight elected to pursue the option of Individual Performance. Brendan Weal's piece entitled *Bootmen* made excellent use of his superb abilities as a dancer as well as providing him with plenty of scope for him to demonstrate his talent as an actor. Amelia Steven's comic piece, *Do You Think I'm a Good Actress*, profiled her unmistakable prowess as a performer of considerable calibre. Amelia has an instinctive knack of knowing just how to land a well written comic line. Luke Smith's *Real Job* saw him play an aspiring rock star who tries to extract a bit more cash out of his long suffering dad so he can cut another record deal. Rachel Yong's work, *Mei Lin*, tells the true story of a Vietnamese refugee who overcomes the traumas she endured at sea and how she comes to find a new life in Australia. Eduard Geyl's monologue entitled *Biff*, plumbed significant emotional depths as we witnessed the pain of a son's efforts to confront and dissolve the long held phony dreams and expectations his father has burdened him with. Georgina Vaile was the shimmering and luminous serial monogamist bride-to-be in the piece entitled *The Happiest Day of My Life*. Unfortunately, all of her husbands have a curious habit of meeting with an untimely end. Ryan Ashtari gave us a portrayal of *Ajax*, as a disgraced hero. When the prize of Achilles' armour is awarded to another, Ajax's sense of shame sees him wrestle with the torment of this perceived failure. Jade Nelson's *The Mad Hatter*, took us into a Wonderland in crisis. Jade's unwavering conviction in this role was altogether gripping.

Georgina Banfield undertook to compile a Portfolio of Theatre Criticism. Her four finely crafted reviews focused on stage adaptations of well known novels. Jack Bainbridge designed a range of strikingly visual promotional material for Louis Nowra's play, *Summer of the Aliens*.

I would like to wish our Year 12 HSC drama students all the very best with their HSC drama performance examination which takes place next Friday 26 August. A focused group of talented performers and an all-round bunch of delightful students, they have worked hard to prepare for this big challenge.

Ms Cannon





Health
Northern Sydney
Local Health District

Northern Sydney Public Health Unit Adolescent School Vaccination Program 2016 Year 7 Reminder

When: Wednesday 24 August 2016
Year 7: Varicella Vaccine (Chickenpox)

Dear Parents/Guardians

If you would like information on the School Vaccination Program in languages other than English it can be found at:

http://www.health.nsw.gov.au/immunisation/Pages/school_vaccination_language.aspx

Parents/guardians who wish to withdraw their consent for any reason may do so by writing to the School Principal or phoning the school. The Procedure for Withdrawal of Consent is available on the NSW Health website at www.health.nsw.gov.au/immunisation.

A Record of Vaccination will be provided to each student vaccinated at each clinic. Parents/guardians should ensure this record is kept for future reference and should not assume their child has been vaccinated if they do not receive this Record of Vaccination.

On the day of the vaccinations, students are advised:

- To ensure they have breakfast on the day
- If they are nervous, to talk to their teacher (this could also include their Year Advisor, Stage HT, a chosen classroom teacher or Mrs Navarro)
- They will be given a record of vaccination by the nurse, which is to be taken home to parents (it may be required at a later date, eg when starting work/work experience or travel)
- To bring a book or ipod with them as a distraction
- After their vaccination, they will be asked to sit quietly for fifteen minutes for observation before returning to class.

If you have any other queries regarding your child's immunisation history, please contact Northern Sydney Health on 9477 9400.

Mrs Navarro, HT Student Programs

ABSENTEE NOTES

- Please ensure notes to the school contain your child's **FULL NAME** and **year** plus the **date** and **reason for absence**
- Absentee notes should be handed in to the student window the first day back after an absence
- Notes must be received within seven days of returning to school otherwise it will be recorded as 'unjustified'.

Dropping The Dis'

ASD - Autism

Spectrum Disorders



1. Let's Talk

- Autism as a disability is actually a spectrum of disorders.
- No two individuals with ASD are alike,
- ASD can affect the battleground that is day to day life, through; impairment of socioemotional communication & interactions, literal thinking, repetitive thoughts, repetitive behaviours, hypersensitivity of the senses, really really appreciating the value of a good routine



2. Updates on Diagnosis

- Psychiatrists recently updated how to diagnose individuals with ASD in a book called the DSM-V (Diagnostic & Statistical Manual...)
- This was a controversial move as it affected our friends who identified as having Asperger Syndrome when they removed this as part of ASD booooo!
- Perhaps this may be a step forward in helping professionals assist individuals with a more specific diagnosis & therefore assistance ... yay!



3. Famous People with ASD* & Resources

- FAMOUS Friends;
- Creator of Pokemon - Mr. Satoshi Tajiri
- Ms. Temple Grandin - inventor of the "hug box" for animals (her name is also the title of a great movie resource)
- Albert Einstein
- Isaac Newton
- Mozart
- RESOURCES:
- The Black Balloon + Extremely Loud & Incredibly Close (movies)



- No one likes an audience during a meltdown - Individuals with ASD can get overstimulated, overwhelmed & frustrated at not being able to effectively communicate to their target audiences amongst other things (that we take for granted)
- Sarcasm sucks when you take things literally, try and avoid it ... e.g. someone with ASD has done really well in an exam and you say "Wow, you must be SO disappointed"
- It is super helpful when impending changes to routine are flagged with us as early as possible
- There can be some difficulty understanding social and emotional cues ... "just because I don't outwardly show emotion, it doesn't mean I am not feeling it"
- There's nothing more amazing than unconditional friendship & peer support

* Some individuals mentioned did not have a formal diagnosis of ASD but are documented as exhibiting some/all of above listed impairments

Year 10 & Mrs S

FIRST AID

Please note Cherrybrook Technology High School does not have any medical practitioners on the premises. We provide first aid assistance to students who are unwell or injured. **Please be advised the school does not supply any medication, including pain killers, medicated creams, eye drops etc.**

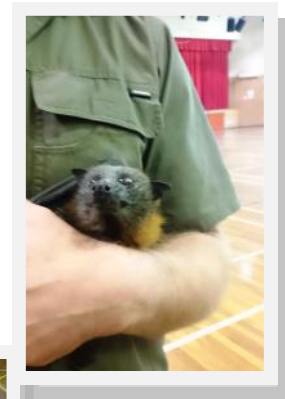
Science Week

As part of National Science week, CTHS students participated in a number of events around the school, including a Liquid Nitrogen Show and a Wildlife Show.

The Liquid Nitrogen Show was performed by Fizzics Education, where students witnessed all the amazing properties of supercooled Nitrogen, which resulted in a few smashed flowers and tennis balls. They also learnt about the properties of Nitrogen when it is cooled to its limits. Students also observed many demonstrations highlighting the physical properties of solids, liquids and gases.

Students also had the opportunity to come close and personal with a variety of Australian wildlife, such as crocodiles, snakes, bats and possums. Anthony from the Australian Wildlife Show, also taught students how they can help preserve their local ecosystem at home and around the school.

Mr Fairclough



From the Library

The library is looking at the prospect of introducing e-books into its collection. Please participate in our survey, before Friday 26 August, by clicking on the link in *Oliver*.

Premier's Reading Challenge

Today was the final day to complete your reading log. By completing this challenge and your reading log, you will receive a reward for your effort and hopefully, continue reading for pure satisfaction, relaxation, inspiration and discovery.

Science Week is nearly over, but scientists never tire. Keep abreast of the amazing developments by browsing the science news links in *Oliver* this week.

Can you complete this? "The optimist sees the glass half full; the pessimist sees the glass half empty; the Chemist sees the glass completely full; for the engineer the glass is"?

People who wonder whether the glass is half empty or half full miss the point. The glass is refillable.

Ms Halder

Year 12 Careers Night

The twenty second Year 12 Combined Schools Tertiary Study Options Evening was very well attended last Wednesday night. Students and parents were able to ask questions of representatives from many tertiary providers, assisting them in their choices for next year. Trudy Noller, from UAC (Universities Admissions Centre), gave a comprehensive talk on factors relating to applying to universities via UAC and schemes available for selecting students for tertiary study. Ben Morrell gave a fascinating speech about his involvement in aeronautical engineering projects and encouraged students to whole-heartedly get involved in whatever sphere of learning they undertake.

Thank you to the Careers Advisers from all the local high schools, for contributing to the success of the evening. A comprehensive booklet, with information about post-school options, has been compiled and is available on the CTHS website.

<http://cths.nsw.edu.au/curriculum/careers/>

Mrs Ferguson

CAREERS UPDATE

Year 12 Combined Schools Tertiary Study Options Evening was a Great Success

Thanks to all those who attended this evening. An important information booklet, entitled 'Year 12 Tertiary Study Options 2016 Information Booklet', is available for viewing or downloading from the CTHS website <http://cths.nsw.edu.au/curriculum/careers/>

Macquarie University Open Day

Macquarie University takes learning to a whole new level. With inspiring lecturers, who feed your mind, your brain might need an extra terabyte just to store it all. You can take our word for it or you can come and experience Macquarie for yourself at their Open Day, this Saturday 20 August, 10am - 3pm. Visit our Open Day website <http://openday.mq.edu.au/> to register and see what's on.

ACU Early Achievers Program

Applications are now open and will close Monday 17 October. Students can be recognised for their contribution and leadership potential and successful applicants will receive an early offer to study at ACU. For full details visit http://www.acu.edu.au/study_at_acu/alternative_entry/early_entry

Thirteenth Australian National Leadership Camp (NLC) 2017

Do you know someone who is suitable to participate? This camp is open to leaders in Years 9 - 12. Students need to be nominated by a teacher, parent, or community member, so if there is anyone you know who you believe could benefit from a leadership opportunity, feel free to nominate them.

When: 6 - 9 July 2017

Where: Vision Valley, Arcadia, Sydney

Who: Young Australians in Years 9 - 12

Information: burnbright.org.au/nlc



Are you interested in studying in the USA?

Elisabeth O'Connell, Senior Associate Dean of Undergraduate Admissions at The University of Pennsylvania, will be making her annual trip to Sydney and be presenting to all interested students and their parents, about admission to Ivy League universities.

When: Tuesday 6 September, 6pm - 7.30pm

Where: Redlands School Hall, 272 Military Rd Cremorne

RSVP: Simone Salier ssalier@redlands.nsw.edu.au

Taste of Electrical Engineering Workshops

Dates: Monday 26 to Wednesday 28 September

Application Deadline: Wednesday 31 August (may close sooner if the workshop is full)

Cost: \$125

School of Electrical Engineering and Telecommunications, UNSW Kensington. Year 10 and 11 students with maths, science and problem solving skill.

<https://www.engineering.unsw.edu.au/all-events/taste-of-electrical-engineering-2016>

The University of Sydney - Sydney Scholars' Awards

Applications open Thursday 1 September and close Friday 30 September for Year 12 students. Scholarships range from \$6,000 to \$10,000 for up to five years study. Achieve an ATAR of 95 or above, for the Sydney Conservatorium of Music.

http://sydney.edu.au/scholarships/prospective/sydney_scholars_program.shtml

UNSW School of Aviation Two-Day Course

Dates: Thursday 29 to Friday 30 September

Apply by: Thursday 15 September

Cost: \$20

Aimed at secondary students interested in a career in the aviation industry and will outline some of the current issues facing the industry today. Proudly supporting the Royal Flying Doctor Service (SE Section), with donations of 100% of registration fees.

Register at <https://www.trybooking.com/213624>

UNSW Actuarial Studies Year 12 Student and Parent Information Evening

Date: Wednesday 14 September

Time: 5.30pm - 7pm

UNSW Business School Building, Level 6, West Wing. Learn about dual degree options and the co-op scholarship.

<https://www.futurestudents.unsw.edu.au/actuarial-studies-info-evening-0>

UNSW Prep (17-19) - A Pathway to Study at UNSW

A pathway into a UNSW degree, open to students who are ACCESS eligible, have an ATAR of 50+ or are an Indigenous student applying through Nura Gili. Free of tuition fees, UNSW Prep is specifically designed for school leavers and, over twelve months (eighteen months for Engineering), helps students gain the skills and confidence needed for academic success.

<http://www.futurestudents.unsw.edu.au/unswprep17-19>

Mrs Ferguson and Mrs Bower



WEEKLY SPORTS REPORT

Zone Grade Finals

Congratulations to all students involved in the Zone Grade Finals last week. We had twelve teams winning their championship in this winter's Grand Finals.

Grade Sport

This week (18 August) we had the first week of spring season trials with only Year 9 and 10 participating in sport. Year 11 students, who would like to play grade sport, can contact Mr Ibarra in the PE staffroom.

Knock-out

Good luck to the boy's knock-out softball team playing in Newcastle next week.

Year 8 Gala Day

A reminder to all students in Year 8 you have a Gala Day on Friday of Week 10, which should be a lot of fun!

NSW CHS Gymnastics Championships

Congratulations to four girls who competed in the NSW CHS Gymnastics Championships in Newcastle two weeks ago:

- Noura Tehfe (Year 7) competed in the Level 5 Rhythmic Competition in hoop, ball and ribbon, gaining a silver medal for her ribbon routine
- Skye Edenborough-Stewart, Gisele Edenborough-Stewart and Kendra Meredith (all Year 7) competed in the Women's Artistic Gymnastics Competition in Division E. They competed in vault, beam, bars and floor, placing their team second.

Cherrybrook Olympics

The 'Cherrybrook Olympics', a major event on Wednesday's multi-day, was held on the top basketball court and organised by our Sport Executives. Students participated in a range of activities including basketball and relay events. From this, points were earned to contribute to their sport house tally. Many students attended and had a lot of fun in the process. A big thank you to the Sport Executive, who worked hard to organise and run the event. Congratulations to Taylor, the winning house!!!

Georgia Clements and Jack Dickinson, Sports Promotion Officers 2016-2017



SUMMER IS COMING!



Thinking of joining Nippers this summer?

Registrations are now open at **North Steyne Nippers** for all children aged 5-13 years for the 2016-2017 season. At this family-friendly club, the emphasis is on FUN and surf safety. Our activities include beach sprints and flag races, wading, swimming, board paddling and other novelty events. Everyone is encouraged to join in and have a go. A Surf Education program is also included to raise surf awareness and help keep our children safe on the beach.

We also are very interested in hearing from runners or swimmers who would like to compete at carnivals this season and offer dedicated competition training for both beach and water competitors.

For more information:
 email nippers@northsteyneslsc.com.au or
 call David Guthrie on 0438 677 423 or Brian Mariotti on 0457 616 993 or
 go to our website for more information to enroll:
www.northsteyneslsc.com.au



PROCEDURE FOR EARLY LEAVERS

If a student needs to leave school early, they **must** provide a note from their parent/guardian giving reasons for their partial absence. **The student must hand the note into the student window before 8.30am** where they will be issued with a leave pass. They can then present this pass to their teacher and leave school at the appropriate time.

On Thursdays (sport days) all students in Years 9-11 must have their early leave notes signed by a member of the PE staff before presenting to the office.

PROCEDURE FOR SICK STUDENTS

Students who are sick during class should see a teacher for written permission to go to sick bay. They must present themselves promptly to the **front office** and politely follow instructions from the office staff, who will then contact a parent/guardian when necessary. Sick bay is used for a short time only. Students should not call their parents in the first instance. **Please be advised the school does not supply any medication, including pain killers, medicated creams, eye drops etc.**



SP SUPER NETBALL CAMP

Two-Day Netball School Holiday Camp
SEPT 27 to 28th: 9am - 3pm Daily
 Hills District Netball Park Pennant Hills

For Young Netballers – Aged 7 to 16 years of age



"I'm excited to launch our inaugural SP Super Camp at Pennant Hills in September. Our coaches will pass on their expert tips, but most importantly, we want you to have fun with the other girls."
 Susan Pettitt

COACHES INCLUDE:

- ◆ SUSAN PETTITT
 - ◆ AMY SOMMERVILLE
 - ◆ PAIGE HADLEY
 - ◆ Other Swift and Diamond players
- Open to ALL levels – will be FUN!**
- ◆ From Beginners to advanced
 - ◆ Nutrition education
 - ◆ Positive body image presentation
 - ◆ Access to 17 Courts – indoor if wet
 - ◆ Two days of Netball and fun!

FREE NETBALL
 INCLUDED



Price \$195 – Book at www.spnetball.com/clinics/

Name	Parent email
Address	Friends Attending
Town P.Code	Guardian
Age <input type="checkbox"/> Beginner <input type="checkbox"/> Plays <input type="checkbox"/> Advanced	Guardian 1 Phone
Payment Options	
Send your completed form to: Email: spnetballhq@gmail.com Phone: 0477 562 000 Fax: 02 9651 3436 EFF funds Acct: The Go Forward Group Pty Ltd BSB 062 313 Acct No 1029 9341 Or mail form to: 425 Galston Rd Dural NSW 2158	
CREDIT CARD <input type="checkbox"/> <input type="checkbox"/>	
Name _____	
Card No _____	
Exp ____ / ____ CVV on back (3-4 digit) _____	
Signature _____	



For items with beauty, character and style

Saturday 27th August

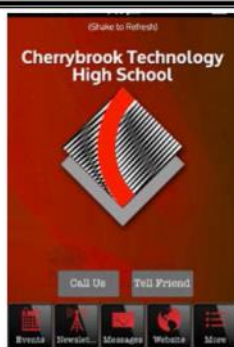
9am - 2pm

at

Cherrybrook Technology High School

28-44 Purchase Rd, Cherrybrook

cherrybrookmarkets.com.au



Cherrybrook Technology High School App

Go to the App Store or Google Play and search for "Cherrybrook Technology High School" to download this free app. This will provide you with school information, maps, dates of upcoming events and much more, even when you are on the go. By enabling push notifications you will receive important information instantly.

CALENDAR - Term 3 Week 6A

Monday 22 August	<ul style="list-style-type: none"> • HSC Drama Projects Hand-in • HSC Drama Performance Exams • Year 10 Mathematics Assessment Task • Year 8 Medieval Day
Tuesday 23 August	<ul style="list-style-type: none"> • International Day • Boys' Open State Softball Championships
Wednesday 24 August	<ul style="list-style-type: none"> • Vaccination catch-up • Boys' Open State Softball Championships • Stage 5 & Year 11 - Food Tech Excursion (Sydney Living Museums) • Prelim SAC Assessment Task
Thursday 25 August	<ul style="list-style-type: none"> • HSC Design & Technology Major Projects hand-in • Prelim Assessment Task LOTE • Prelim SAC Assessment Task
Friday 26 August	<ul style="list-style-type: none"> • Year 10 Mathematics Assessment Task • HSC Drama Practical Examination • Year 11 & 12 Agriculture Excursion
Saturday 27 August	<ul style="list-style-type: none"> • Cherrybrook Markets