

NETWORK

CHERRYBROOK TECHNOLOGY HIGH SCHOOL

Term 1

Week 2B

10 February 2017



DEPUTY PRINCIPAL'S REPORT

High Achievers' Presentation Ceremony

One of the most prestigious events on the Cherrybrook Technology High School calendar is the High Achievers' Presentation Ceremony, which celebrates the HSC achievements of the previous year's Year 12 cohort. This year approximately half of CTHS students who sat the 2016 HSC, had the opportunity to walk across the stage in front of Years 11 and 12, teachers and parents, having reached the top band of achievement in at least one course of study. Congratulations to all students for such outstanding results. As a school we are very proud of your efforts and celebrate your success with you. A range of photos will be included in next week's edition of *Network*.

Sydney North Blues Awards

Congratulations to Jordan Adams on being awarded a Sydney North Sporting Blue on Tuesday night. Jordan received his award in recognition of his outstanding achievements in AFL. In addition to this, Paris Roditis received an Endorsement to add to her Basketball Sporting Blue from last year for her continued achievements in this field of endeavour.

Students Driving to School

This week we received complaints from a number of local residents about some of our senior students who drive to school, specifically their driving and parking habits. It appears a number of students are choosing to flaunt the road rules and drive down these narrow local streets in a reckless and dangerous manner. This poses a danger not only to themselves, but also to local residents. We take the safety of our students and local residents very seriously. We have spoken to a number of students, who were identified, about their erratic driving. Those senior students who choose to drive to school need to realise, it is a privilege. We have spoken to our local residents and indicated to them, if they feel police involvement is necessary, then they are within their rights to call them. Please drive carefully for the safety of all road users, pedestrians and local residents in what is an often congested area.

One of the requirements we have for students who drive their car to school is they **must** inform the front office of their registration plate details. If your son or daughter has not done this to date, please complete the form included in this *Network* and ask them to submit it to the front office.

P&C General Meeting and Official Opening of the Library

A reminder Tuesday 14 February, is the first P&C meeting for 2017, which commences at 8pm in the school common room. All parents are invited, indeed actively encouraged to attend these meetings. These evenings are a great opportunity to contribute your thoughts on future directions of the school, meet with other parents and hear the latest updates on programs and developments within the school.

On the very same night we will take some time out from the P&C meeting to officially open the newly refurbished library. The library has undergone a considerable facelift and modernisation process and looks fantastic. In the short time it has been open it has attracted much interest from students, who are flocking there at recess and lunch to take advantage of this vibrant new learning space.

School Photos

A reminder to all students and parents our annual school photos will take place for the entire school on Monday 13 February with a catch-up day on Wednesday 15 February.

Lu Wan Senior High School Visit

Next week we will have ten students from our sister school, Lu Wan Senior High School in Shanghai, visit us on Thursday and Friday. After an initial welcome, our visitors will meet their host students to experience schooling CTHS style. This is the inaugural visit by students from our sister school in China and our Year 10 and 11 students studying Chinese this year will be looking forward to the reciprocal visit to Shanghai in September/October 2017.

Year 7 Swimming Carnival

A reminder the Year 7 Swimming Carnival will take place next Friday 17 February at Hornsby Pool. It is normally a great day for Year 7 students who have the privilege of having their own Swimming Carnival in their very first year. A number of Year 11 Peer Support Leaders will be joining Year 7 students on the day, which will further develop bonds between the groups prior to Year 7 Camp.



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Heat Awareness in our Current Weather


Whilst we have had some rain of late, the recent spate of hot weather promises to return. With this in mind, it is timely we remind students the importance of keeping well hydrated on those really hot days. Try to seek out shady areas and minimise strenuous physical activity out in the open at recess and lunch. We do encourage students to bring a water bottle to school, which can be refilled with chilled, filtered water. Would parents please avoid sending a glass water bottle with their child, as this can pose a problem due to inadvertent breakages and the risks which come with this.

Emergency Evacuation

The Department of Education makes it a requirement of all schools to undertake emergency evacuation and lockdown drills regularly throughout the school year. They are an opportunity to practice our Workplace Health and Safety (WH&S) plans of action to ensure the safety of, not only our students, but also our staff onsite in the event of a situation where we may face a real life emergency. This week we conducted an emergency evacuation drill for all students and staff. The event ran smoothly with all students making their way to the John Purchase PS oval in a quick and orderly fashion. A debriefing with staff will occur over the coming days to ascertain where adjustments to the plan are necessary. A big thank you to everyone involved for their patience and professional approach to the drill and to Mrs Bevan for her organisation and thorough planning associated with the WH&S area.

Mr Clements





Cherrybrook Technology High School App

Go to the App Store or Google Play and search for "Cherrybrook Technology High School" to download this free app. This will provide you with school information, maps, dates of upcoming events and much more, even when you are on the go. By enabling push notifications you will receive important information instantly.



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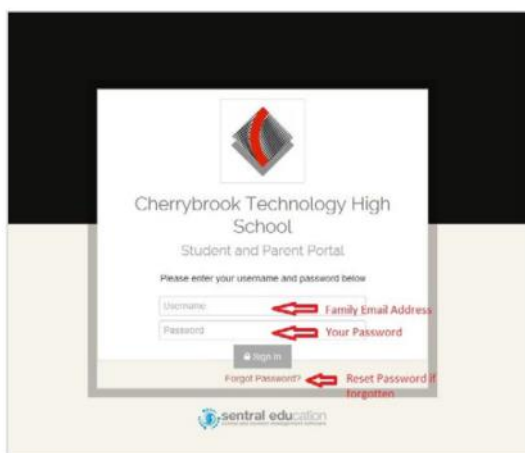


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Year 12 Parent/Teacher Night Tuesday 21 February 2017 4pm - 7pm MPC

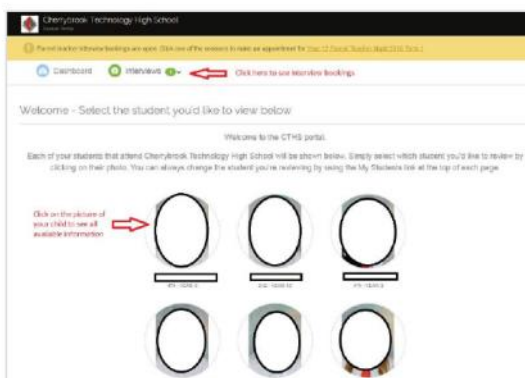
Bookings can be made via the CTHS Parent Portal (<http://oasis2.cherrybrook.schools.nsw.edu.au/portal/login>) from 9am, Monday 13 February to 5pm, Sunday 19 February 2017.



Your **User Name** will be the family email address nominated in the school's enrolment data.

Your **Password** was created by you when you created the account. There is a reset password function on the login screen if you have forgotten.

It is not necessary to re-enter a family key, the link to your child/children will continue from the time the account was first created.



Once logged in, click on the notice about the upcoming interview session or click on the picture of your child, then click on the large word **'Dashboard'** to access your child's information.

Select the available time for each of your child's teachers.

Please remember to take a copy of the bookings and bring this with you on the night, as it is not possible to provide you with this information once you arrive at the venue.



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Year 7 Peer Support and Anti-Bullying Programs

In Week 1, 48 Year 11 Leaders met their Year 7 Peer Support groups. Leaders worked with students in understanding the physical and social nature of the school, including finding their way to their new classrooms, coping with the day to day routine and finding out who to go to when they needed support.

This week, Year 7 have been learning about CTHS' Anti-Bullying and Cyberbullying Policies. They and their leaders have identified the features of bullying and have discussed strategies to resolve the issues. They have also taken a close look at cyberbullying and how innocent behaviours and actions online, can soon develop into cyberbullying. It is important for students to understand that the school has zero tolerance for this sort of behaviour. It is also important for them to understand the role of the Welfare Team in supporting them and assisting resolution if they are the target of unwelcome behaviour.

The students have also looked at the importance of outside support such as kidshelpline.com.au and www.esafety.gov.au and I would like to encourage parents to look at these sites to gain a greater understanding of what to do if their child is bullied or cyber-bullied. <https://www.esafety.gov.au/esafety-information/esafety-issues/cyberbullying> has some great information on resolution of issues when cyberbullying targets a student outside the school environment and this is a great opportunity for parents to reinforce this with their children.

Our Year 7 Camp in Week 4 will give the Year 7 students and Peer Support Leaders greater opportunity to work together in areas of resilience and cooperation.

Mr Hind, Head Teacher Welfare



PROCEDURE FOR EARLY LEAVERS

If a student needs to leave school early, they **must** provide a note from their parent/guardian giving reasons for their partial absence. **The student must hand the note in at the student window before 8.30am** where they will be issued with a leave pass. They can then present this pass to their teacher and leave school at the appropriate time.

On Thursdays (sport days) all students in Years 9-11 must have their early leave notes signed by a member of the PE staff before presenting to the office.



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CREATIVELY SPEAKING



OnSTAGE 2017

A super enthusiastic collection of twenty-five 'gung-ho' Stage 5 and 6 drama students gave up their Saturday to go into the city to attend this year's OnSTAGE at the Seymour Centre. This annual event allows students to view the best of the HSC Group Performances as well as Individual Performances selected from the cohort of 2016 drama students from across the state.

Additionally, there is a selection of Individual Projects to be viewed. Costume Design, Set Design, Poster and Promotion Design, Research Projects and Theatre Review Projects all serve to inspire our students with their Stage 5 & 6 course work, whilst also providing an invaluable insight into the various components which are part of the Performing Arts Industry.

Here is what Kylie You and Mariam Razi had to say about their time at OnSTAGE 2017:

"We recently attended OnSTAGE, a performance collection and exhibition of the best HSC drama works of 2016 at the Seymour Centre. Accompanied by Ms Cannon and students from both Stage 5 and 6, we experienced both an engaging and eye opening production that exposed us to the level of hard work and determination we needed to see to inspire us to create our own pieces for the future. Most of the performances by the students brought forward important issues that we could personally connect to.

"I was honestly very quiet during all the performances even for a long time afterwards, but my head throughout was spinning with both emotions and ideas. It was a very straightforward way of showing me exactly what I needed to aspire to achieve in my Stage 6 drama studies."

Mariam Razi

"An array of emotions were felt by every single person in the audience. Everyone there had a common interest and we all left with an understanding of what was needed to deliver a top performance. It really has sparked something in all of us."

Kylie You

With so many incredibly innovative and thought-provoking performances and projects enjoyed at this year's show, I feel certain our drama students will draw deeply from the work they viewed and we are sure to see richly creative work at our Performance Nights at CTHS this year.

Ms Cannon

A Midsummer Night's Dream Continues to Take Shape

Prepare for a wonderful adventure of mischief and fairy mayhem, where we follow young lovers and a bunch of work a day dreamers as they plunge into a world between sleeping and waking. Come and see your friends from school on stage in the MPC in this wonderfully enchanting Shakespearean tale. Tickets go on sale soon!

CAPA staff

**Script work for stage, film & TV*
**Improvisation & Character Analysis*
**Theatresports & Games*
**Presentation & Confidence Building Skills*
**Voice/Speech Training*

Drama Classes

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Pennant Hills

winner of

Sydney Eisteddfods,

Short & Sweet Play Festivals

sydneytalentcompany.com.au

0404 232 888

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Dropping The Dis'

AD/HD
Attention Deficit Hyperactivity Disorder

3

There is no known CAUSE for AD/HD. However, there are a lot of MYTHS about this disability. Let's bust some!

Myth 1: It doesn't exist - Ouch!

Myth 2: It is caused by a lack of firm parenting - Double ouch!

Myth 3: Diagnosis is done haphazardly, is not rigorous and it is easy to be diagnosed... read below for more information on diagnosis.

Don't spread myths. It makes it harder for people who have been diagnosed with the disability and their families! Spread some awareness instead!

There are 3 types of AD/HD...

- 1) Inattentive
- 2) Hyperactive/Impulsive
- 3) Combined (combination of above)

What does this mean? Well, we should not expect someone with AD/HD to be consistently hyperactive (only) and we should consider more than just this trait in the lead up to diagnosis of AD/HD in someone suspected of having the disorder. It can be multidimensional in its manifestations!

Community members, professionals, family members and friends of individuals with AD/HD MUST NOT assume that it results in a lowered IQ and/or is the sole disability affecting the individual's progress. Steps must be taken to properly diagnose or clear children and adults with the/of the appropriate disability

Diagnosis...
Children & adults must show at least 6 of the specified signs of either/and inattention, hyperactivity and/or impulsivity for an extended period of time in multiple settings (school, home, recreational activities, places of worship, hobbies, social outings) before a formal diagnosis is made!

AD/HD can continue into adulthood!

Famous people with AD/HD: Michael Phelps (Olympic Swimmer), Justin Timberlake (Musician) & Lisa Ling (Journalist)



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CAREERS UPDATE

Morrisby Career Assessment Program Years 9 - 12

Students interested in completing the Morrisby career profiling tool, please collect a lime green permission note from outside the careers office, located in the library. This tool combines a career interest questionnaire with a series of skills tests, to determine the strengths and abilities of candidates. No special preparation or study is required. The test costs \$100 and will take approximately 3.5 hours, during school time on Tuesday 7 March.

NB: The Morrisby Career Assessment is for students who are unclear about their career path **or** who have a firm idea and want to know if this coincides with their natural skills and interests.

Work Experience Opportunities

Students interested in participating in work experience in 2017, please see Mr Baird to collect a Work Experience Form. These forms, along with a work place learning unit, have been forwarded to Year 10 students via their school emails.

Macquarie University Hospital

MUH has opportunities for work experience and are open for expressions of interest during the month of February. They will be doing one intake for the entire year.

Taronga Zoological Park

Students interested in taking part in a work experience program at Taronga Zoo, will need to complete an application. These applications must be collected from the careers office, located in the library.



Meet-a-Keeper Excursion

Students interested in a career with animals and who might be interested in this excursion, please see Mr Baird in the careers office, located in the library.

Defence Force Work Experience Opportunities

Information in the careers office, located in the library.

Landscaping Job Opportunity

We would like to let you know of a fantastic training opportunity for young jobseekers aged 15 - 24, seeking employment in the Landscaping Industry. The course will run from 13 February to 3 March. For further information contact eric@tradestaffaustralia.com.au. To register visit <http://www.tradestaffaustralia.com.au/register-with-tsa>

UMAT 2017 - Reminder for Undergraduate Programs in Medicine, Dentistry and Health Science

Registrations close 2 June. UMAT test on 26 July. Results will be released late September. <https://umat.acer.edu.au/>

Whitehouse Institute

Whitehouse (Bachelor of Design) January intake and you haven't started an application? Don't worry, there is still time to apply online. Our two year Bachelor of Design in Fashion Design, Interior Design and Creative Direction and Styling, have places available.

Sydney Science Forum - Hugs not Drugs: Revolutionising the treatment of addiction

Free lecture, Wednesday 22 March 2017, 5.45pm - 7pm, Eastern Avenue Auditorium, University of Sydney. Dr Michael Bowen School of Psychology, USYD. Find out why researchers hope developing small molecules, which act on the 'love hormone' system, may provide the solution for addiction. Register at http://sydney.nicheit.com.au/sams/v1_05/registration/start/198. for more information contact 9351 5397.

Sydney Science Forum - Animal Pregnancy: A weird and wonderful world

Free lecture, Wednesday 16 August 2017, 5.45pm - 7pm Eastern Avenue Auditorium, Dr Camilla Whittington. Explore how Dr Whittington identifies the fundamental processes of pregnancy in lizards, mammals and includes the world's only male-pregnant animals, the seahorses. Register at http://sydney.nicheit.com.au/sams/v1_05/registration/start/198. For more information contact 9351 5397.

Sydney Science Forum @ Westmead - Bright Lights: The science of light at the nanoscale

Free lecture, Wednesday 26 April 2017, 5.45pm - 7pm, Westmead Centre, Level 2, Westmead Hospital. Professor Ben Eggleton and Dr Andrea Blanco Redondo. Be dazzled by the amazing science which underpins Nanophotonics and discover how light is making our future bright. Register at http://sydney.nicheit.com.au/sams/v1_05/registration/start/198. For more information contact 9351 5397.



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**Jobs and Career Opportunities for Students
Defence Force Gap Year Information Session**

Date: Thursday 16 February 2017
Time: 6pm

Location: Wollongong Recruiting Centre, Level 2, 96 Crown St Wollongong NSW
RSVP's are essential cptwollongong@dfrc.com.au. This information session will present the gap year opportunities, lifestyle and pathways to join the Australian Defence Force and will be conducted by current serving ADF members.

Army Reserve Information Session - Wollongong NSW

Date: Tuesday 21 February
Time: 6pm

Location: Wollongong Recruiting Centre, Level 2, 96 Crown St Wollongong NSW
RSVP's are essential cptwollongong@dfrc.com.au. This information session will present the Army Reserve career opportunities, lifestyle and pathways to join the Australian Defence Force and will be conducted by current serving ADF members.

Australian Defence Force Academy Information Session

Date: Thursday 23 February
Time: 6pm

Location: Wollongong Recruiting Centre, Level 2, 96 Crown St Wollongong NSW
RSVP's are essential cptwollongong@dfrc.com.au. This information session will present the ADFA career opportunities, lifestyle and pathways to join the Australian Defence Force and will be conducted by current serving ADF members.

Mrs Bower and Mr Baird, Careers Advisers

FROM THE LIBRARY

Year 8 Time Management

Parents and carers of Year 8 students will hopefully notice the benefits of the time management workshops. Most students (94%) have indicated that the seminars were time well spent. Students have been provided with usernames and passwords (the default is username: elevate password: pacco) for accessing tips and the study guide 'The Science of Student Success' at <http://au.elevateeducation.com/>

Year 12 Study Techniques

On 24 February Year 12 will be attending sessions on study techniques and exam preparation. Dr Harrington's sleep seminar will highlight the power and need for sleep. The techniques, tips and information provided should minimise stress for all family members in this final year. The information/permission notices have been distributed (spares available in the library). Please complete and return them, with payment of \$20, to the student window by Friday 17 February.

A complimentary parent session will run from 7pm - 8pm, Thursday 23 February. Notices for this have also been distributed. Please return RSVP notices to the library for catering purposes.

Grand Opening

Following the refurbishment activity in the final term of 2016, there is now a wonderfully vibrant and welcoming space available to complement students' studies. Following the P&C Executive Meeting there will be a Grand Opening at 8pm during the P&C General Meeting.

Valentines' Day

There are many ways to celebrate Valentines' Day. The library's gift to you this February is a blind date with a book. Gift wrapped, mysterious, ready to thrill, genre unknown and if the match is not perfect, there are others waiting for you. You've all been told not to judge a book by its cover, we're making this easy with this 'offer'. Come along be brave, a book will always befriend you.

Ms Halder



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CHERRYBROOK TECHNOLOGY
HIGH SCHOOL
PROUDLY PRESENTS



Midsummer
Night's
Dream

FRIDAY 17TH, SATURDAY 18TH MARCH 2017 AT 7PM
TICKETS: \$15 Adults, \$10 Child, \$ 45 Family



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WEEKLY SPORT REPORT



Year 7 Swimming Carnival

The Annual Year 7 Swimming Carnival is on Friday 17 February at Hornsby Pool. Please pay your fees at the student window and come along for a great day of competing and fun against your grade! For more information, please see the PE staff.

Grade Sport

The first week of grade sport begins next week against Turramurra, with the girls playing home games. The last day to change your sport is this Monday. Please see Mr Ibarra if you have problems.

Good luck to all teams!

Knockout Sport

This year, signing up for knockout sports is now online. There is a link to sign up on the student portal page.

Jack Dickinson and Georgia Clements, Sports Promotion Officers

PROCEDURE FOR SICK STUDENTS

Students who are sick during class should see a teacher for written permission to go to sick bay. They must present themselves promptly to the **front office** and politely follow instructions from the office staff, who will then contact a parent/guardian when necessary. Sick bay is used for a short time only. Students should not call their parents in the first instance. **Please be advised the school does not supply any medication, including pain killers, medicated creams, eye drops etc.**

FIRST AID

Please note Cherrybrook Technology High School does not have any medical practitioners on the premises. We provide first aid assistance to students who are unwell or injured. **Please be advised the school does not supply any medication, including pain killers, medicated creams, eye drops etc.**



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Saturday 25th February
9am - 2pm

at
**Cherrybrook Technology
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STUDENT CAR REGISTRATION INFORMATION

Name: Year:
Home Phone:
Best Mobile Contact for Parent:
Make of Vehicle(s):
Colour: Rego No:
Student's Signature:
Parent/Guardian Signature:
Date:
Please return form to Miss Adamou, Head Teacher – Stage 6

STUDENT CAR REGISTRATION INFORMATION

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Please return form to Miss Adamou, Head Teacher – Stage 6



MUSIC LESSONS CHERRYBROOK

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NEW MUSIC SCHOOL OPENING TERM ONE OF 2017

We offer professional music lessons personalised to your needs and aspirations.

We have a passion for spreading the gift of music and encouraging everyone's musical development through a combination of practical, theory and performance based lessons.

All ages and abilities are welcomed and encouraged. Your private professional teacher will assess your needs, abilities and interests to best formulate a lesson plan for you.

GET IN EARLY FOR THE NEW SEMESTER COMMENCING FEBRUARY 2017
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TALK TO US ABOUT TRIAL LESSONS*

*Conditions apply

CALENDAR - Term 1 Week 3A

Monday 13 February	<ul style="list-style-type: none">• School Photos• Music Ensembles Meeting - 7.30pm-8.30pm, Staff Common Room
Tuesday 14 February	<ul style="list-style-type: none">• Valentine's Day Roses• P&C Executive Meeting - 6.30pm, Conference Room• P&C General Meeting - 8pm, Staff Common Room• Excursion - Stage 5 Fashion Design, Whitehouse Institute• Opening of Library - 8pm
Wednesday 15 February	<ul style="list-style-type: none">• School Photos Catch-up
Thursday 16 February	<ul style="list-style-type: none">• Year 7 Drumbeat - 9am, MPC• Chinese Exchange School, Lu Wan Senior High Visit
Friday 17 February	<ul style="list-style-type: none">• Year 7 Swimming Carnival• Chinese Exchange School, Lu Wan Senior High Visit
Saturday 18 February	<ul style="list-style-type: none">• CTA - Clash of the Titans• Chinese Exchange School, Lu Wan Senior High Visit



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