

DEPUTY PRINCIPAL'S REPORT



Year 11 Camp

The Year 11 camp is often remembered with fondness as one of the students' best school experiences. We will depart for Jindabyne on Monday morning, 27 March and students must be at school by **5.15am**. There are a range of outdoor activities for students to participate in whilst at camp, with the highlights likely to be the Mt Kosciuszko walk and the picturesque cook-out on the top of the hill overlooking the campsite. Compulsory Crossroads modules will also be completed by students during the week. Those students who are not attending camp are expected to attend school for the week and will complete an alternate program. It is anticipated buses will return on Friday 31 March, by **approximately 6pm** at the earliest. Parents are asked **NOT to PARK IN THE BUS BAY** when dropping off or collecting their children.

Examination Preparation and Tips

As we progress through the AP3 Examination period and quickly move towards the AP1 Examination period, a few tips and tricks may be handy for both parents and students. I have put together a few ideas which may be helpful:

1. Preparation and Planning is Essential: Whereas cramming can be of some use if students have not prepared for the examinations, preparation and planning is essential. Study sessions should be planned and include breaks to relax.
2. Organisation: Ensure all necessary exam equipment is in a kit. Having an exam kit means one less thing for students to think about.
3. Avoid Stress: Stress is contagious, therefore, try and surround yourself with positive people rather than those who may add to your stress levels. Keep in mind, group study sessions may not be a helpful environment. Parents should also try their best to keep calm and be a calming influence.
4. Eat Properly: Nutrition is a key part of overall wellbeing and health. This includes having a proper breakfast before an exam. Proper nutrition is a proven factor linked to academic performance. Caffeine is a detractor from performance and should be avoided, especially in energy drinks, as the added sugar is certainly not good for anyone.
5. Exercise: This is another factor linked to performance. Exercise is proven to reduce stress and anxiety. It will also supply oxygen, antioxidants and glucose to the brain, allowing greater clarity of thought.
6. SLEEP WELL: Sleep deprivation is proven to reduce brain function. Enough said.
7. Keep Everything in Perspective: Whilst the HSC is important to you and families alike, there is always an alternative way to achieve one's goals.

Finally, if the stress or anxiety is too much, contact Ms Adamou, Mr Bamford, your Year Advisers or the Deputies; they are here to help.

A Midsummer Night's Dream

The performances of *A Midsummer Night's Dream* kicked-off on Friday evening, 17 March. There was a great deal of excitement and anticipation amongst the cast and crew and the audience was not disappointed. Those who experienced the show were all in agreeance, this was one of the finest plays ever! The stage and sets were exemplary and the performances were outstanding, with the 'Ass' being a highlight for many. For those who missed the performances there are pictures on the CTHS website under galleries <http://cths.nsw.edu.au/our-school/galleries/>

Year 7 Interim Reports

A reminder, Year 7 Interim Reports will be distributed via the Parent Portal next Friday, 31 March 2017.

P&C News

The P&C Annual General Meeting was held on Tuesday evening, 21 March. The new Executive Team includes the following parents:

President:	Stephen Phillips
Vice Presidents:	Rod Cuevas and Tim Spencer
Treasurer:	Athula Perera
Secretary:	Helen Wrench
Executives:	Michelle Commens, Liz Groves, AJ Kumar, Janice Marshall, Gavin Poole and Ratna Siva

The next P&C meeting is scheduled for Tuesday 3 May at 8pm in the Staff Common Room.

Congratulations Edward Woo

In an Award Ceremony at the Australian National Maritime Museum, Mr Woo (Head Teacher Mathematics) was announced as the recipient of a Commonwealth Bank Teaching Fellowship. He was selected from over 450 applicants from across Australia and has won a funding grant of \$30,000 for the school. More information about the Fellowship and the ways in which the funding will be used to improve student learning here at Cherrybrook, will be published in future editions of the *Network*.



Cross Country Carnival V3

The third attempt at conducting our annual Cross Country Carnival will be held on Tuesday 4 April. Given Year 12 are still on AP3 examinations during this time, for Year 12 it will be an invitational Carnival. Details are to follow and hopefully it will be third time lucky!

Introduction of LMBR to CTHS

A new Learning Management and Business Reform (LMBR) program is being introduced by the Department of Education, into all Public Schools throughout NSW, following in the footsteps of 229 schools who have been piloting the program since its inception a couple of years ago. Our 'Go Live' date for this to occur is 22 May 2017. The Department promises this will bring a new modern, integrated finance and student information system to our schools. It is hoped the new systems will help Principals, teachers and administration staff deliver the best possible outcomes for all students. What we do know is our past methods of managing our school's financial resources, including ordering and payment methods, are about to change dramatically. A number of our staff are attending training sessions and our administration staff are currently undertaking a range of tasks in readiness for the changeover date. Whilst things are about to change for us, please be assured we will continue to deliver the same top quality educational services to your children. We will communicate further details to you, our parent community, as they become available.

Stage 5 Parent/Teacher Night

A reminder, Parent/Teacher Night for Years 9 and 10 will be held on Tuesday 2 May, Term 2 Week 2. All Parent/Teacher Night bookings must be made via the **Parent Portal**. Further information will follow in a future *Network*.

Minimum Literacy and Numeracy Standards

An information session regarding the Minimum Literacy and Numeracy Standards, will be held on Tuesday 2 May, Term 2 Week 2, between 6pm and 6.30pm, for any interested Year 9 parents.

Building Project Update

After a long wait and despite the inclement weather, the progress is now visible, with the new J Block construction well and truly underway. Following a safety briefing with key staff, clearing of the site has begun. In a small, yet symbolic ceremony, Mr Johnson, Mr Cuevas (P&C Vice President), Mr Fisher and myself, donned hard hats and high vis vests, grabbed a very shiny shovel and turned the first sod of soil. This week the trees impinging on the site have been pruned, the mulch and paths cleared, the covered walkway removed and the footprint of the building pegged out. We will have regular updates to keep you informed of the progress.

Mr Townsend



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A Midsummer Night's Dream



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EpiPen Recall

Please be aware that Mylan is recalling all EpiPen Adrenaline Auto-Injectors with an expiry date of April 2017. These pens are part of the following batch numbers 5FA665, 5FA6651, 5FA6652, 5FA6653. The batch number can be found above the expiry date on the EpiPen itself. The school has identified a number of students whose EpiPen is affected by this recall, and asks for all parents of students carrying autoinjectors to check this information and replace them if necessary.

From the Government TGA website: "If your EpiPen is from batch 5FA665, 5FA6651, 5FA6652 or 5FA6653 (all of which expire in April 2017), return it to a pharmacy. The pharmacist will replace the EpiPen from an affected batch with an EpiPen from a different, unaffected batch free of charge".

This is a timely moment to remind parents that all students with anaphylaxis should always carry an EpiPen with them, with the student's ASCIA Personal Management Plan wrapped around it. A copy of the ASCIA plan must also be given to the school.

Mr Hind, Head Teacher Welfare

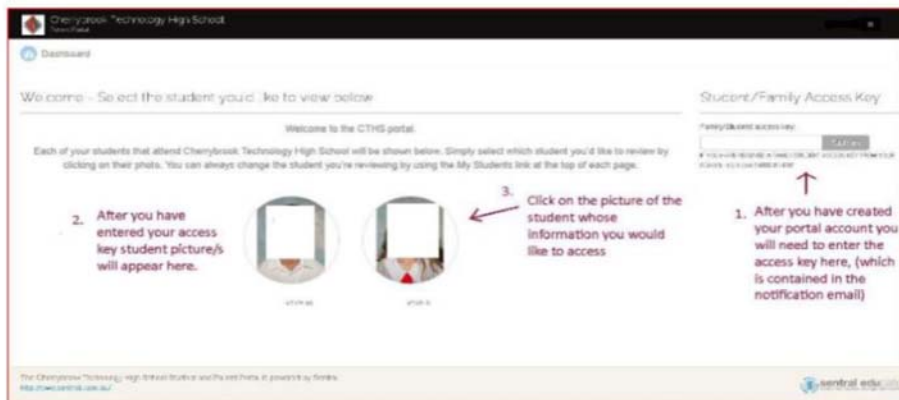
Cherrybrook Technology High School Parent Portal

Link

<http://web1.cherrybrook-h.schools.nsw.edu.au/portal/login>

Initial Setup

An invitation to join the Parent Portal will be sent via email. The process for creating an account and linking it to a student/s will be contained in this email. If you do not receive an invitation please contact the school via email cths@cths.nsw.edu.au



The Parent Portal contains the following information:

- Student timetable
- Student attendance information
- Student Wellbeing information
- Student homework
- Current and archived Academic Reports
- Network newsletter
- All Parent/Teacher Interview bookings

Please Note:

The **student key**, which links the Parent Portal account to a student/s, will **only need to be entered once** for the whole time the student/s is enrolled at CTHS. Your Username will be your family email address and there is a facility to reset your Password on the Login screen.



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ARTEXPRESS

On Monday 20 March, we went to ARTEXPRESS to view selected artworks from the previous year's HSC in Visual Arts. The standard of work was amazing and the media varied from film to needlework and everything in between.

We were proud to be represented by two talented students from CTHS. Arriving in Sydney's harbour-side gardens, we enjoyed the scenery around the Art Gallery of NSW.

Inside the gallery we entered into a world of creativity and talent driven by both HSC students and world renowned professionals. We explored exhibitions of various periods, cultures, mediums and concepts, before hopping on the bus to Newington Armory, Homebush.

There we ate tasty fries and looked at more HSC works. It was loads of fun and has given us a lot to aspire towards.

A big thank you to Ms Donoghue, Mrs Jaeger and Mr Maynard for organising this for us.

Chelsea Taylor and Amaya Jayasekera (Year 11)



DollarSmart Student's Testing Time in the Pavillion

Marketers of grocery items often like to claim their product is best. Rather than just accept these claims, on Friday 17 March, DollarSmart (9HC11) students decided to find out which brands really are the most (and least) preferred products.

Students from 8HAGO and 9HC31 were invited to blind taste corn chips, orange juice, lemonade, snakes, pretzels and choc chip biscuits. Data was collected through surveys where testers offered their opinions on the products. Whilst the Natural Confectionery Company's snakes proved most popular when tested, the big surprise was how well the generic branded corn chips and biscuits performed.

Other DollarSmart classes will complete their Product Testing sessions over the next few weeks.

Mr Brown



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CTHS
School Uniforms

AUTUMN SALE

Please visit U-TALENT at
Shop 6, 267 Old Northern Road, Castle Hill
8677 4003 www.u-talent.com.au
** Conditions apply on the discounted items

Business Hours
Mon-Sat: 10:00-17:00, Sun: 10:00-15:00

Royal Institute for Deaf and Blind Children

BOOK, TOY & MUSIC FAIR
2017
ridbc.org.au/bookfair

FRI 7, SAT 8, SUN 9 APRIL 2017

RIDBC NORTH ROCKS
361-365 NORTH ROCKS RD

8 AM - 3 PM

Help us raise funds to support people with vision or hearing loss!

THOUSANDS of books, toys, DVDs, CDs & records to buy!

Book, toy and music donations much appreciated.
Call 02 9871 1233 or email fundraising@ridbc.org.au

Follow us on: [@ridbc](https://www.facebook.com/ridbc) [@ridbc](https://twitter.com/ridbc)

Proudly supported by: RIDBC Abstract Committee

PROCEDURE FOR LATE ARRIVALS

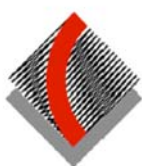
All students arriving to school after 8.40am **must** sign in at the student window where they will be issued with a late note. All late arrivals are required to have a note from their parent/guardian giving reasons for being late. No note results in a detention.

CLOTHING POOL

CHERRYBROOK TECHNOLOGY HIGH SCHOOL UNIFORMS

If you would like to purchase second-hand Cherrybrook Technology High School uniforms, the First Cherrybrook Scout Group operates a clothing pool for your convenience, through kind donations from the CTHS community.

For more information please contact Sara at uniforms@cherrybrookscouts.com



Opening Times: First Tues of each month (school terms)
7.30pm - 8.30pm

Drop-offs: Tues, Weds or Thurs
7.15pm - 8pm (school terms)

First Cherrybrook Scout Hall, Appletree Drive, Cherrybrook



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Cherrybrook Markets

**STOP PRESS:
SATURDAY 25 MARCH
CHERRYBROOK MARKETS
HAVE BEEN CANCELLED**

**Sorry for any
inconvenience.**

CHERRYBROOK MARKETS

Cherrybrook Markets are in cessation due to the major building works taking place at Cherrybrook Technology High School, which will interfere with their operation. Thank you for your support.



CALENDAR - Term 1 Week 9A

Monday 27 March	<ul style="list-style-type: none"> • AP3 Examination Period • Year 11 Camp
Tuesday 28 March	<ul style="list-style-type: none"> • AP3 Examination Period • Year 11 Camp • Morrisby Parent Info Meeting - 7pm-8pm, MPC • Year 8 Mathematics Assessment Task
Wednesday 29 March	<ul style="list-style-type: none"> • AP3 Examination Period • Year 11 Camp • Year 10 Aboriginal Studies Fieldwork - West Head
Thursday 30 March	<ul style="list-style-type: none"> • AP3 Examination Period • Year 11 Camp
Friday 31 March	<ul style="list-style-type: none"> • AP3 Examination Period • Year 11 Camp • Year 7 Interim Reports avail on Parent Portal • Year 8 Science Half Yearly
Monday 3 April	<ul style="list-style-type: none"> • ICAS Science Competition Payment Due



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