

Term 1

Week 4A

22 February 2019

## DEPUTY PRINCIPAL'S REPORT



### Wellbeing Planning Day

On Monday 18 February 2019 our Head Teacher Wellbeing, Mr Hind, Head Teacher TAS, Mrs Robinson, our School Counsellor, Mr McKie and myself spent the day evaluating our current wellbeing initiatives at the school. The time was focused on developing a whole school approach to support students' wellbeing at CTHS. A particular goal for the day was to develop ways to support students to identify and initiate strategies when faced with bullying type behaviours. In the near future all parents will receive a survey to gather your thoughts on these types of behaviours and how we can best support students at the school.

### Year 7 Camp 2019

The Year 7 Camp at Sydney Academy of Sport and Recreation at Narrabeen is fast approaching. Students will be leaving on Wednesday 27 February and returning Friday 1 March. Activities at the camp seek to test comfort zones, develop teamwork, build leadership and develop friendships along the way. The camp also provides an excellent opportunity for students to get to know other students in their year group, staff and their Peer Support Leaders.

### School Uniform

The School Uniform Code is very specific regarding the types of clothing permitted to be worn at school. The wearing of tights/ leggings, gym shorts, branded tracksuit pants and shorts are not appropriate nor are they part of our school uniform. The School Uniform Code also specifies the types of acceptable jackets and jumpers for school wear, which does NOT include jackets or jumpers with hoods! The wearing of a 'hoodie' or active wear as explained above is likely to result in time spent in detention. If you need to wear an item of non-school uniform, please bring a signed note from your parent/carer, giving your reasons for being out of uniform. Please note that you must bring a note each day.

### Stage 6, Year 12 Parent Teacher Night

A reminder to parents the first of our Parent/Teacher Nights for 2019 is scheduled for Tuesday 26 February, Week 5. If you have a child in Year 12, you can access the Parent Portal and book a time to meet your child's teacher to discuss their progress. This booking window will close Sunday evening, 24 February.

### Evacuation Drill

The school is required to practice evacuation drills to ensure all students are aware of the procedures and the route to evacuate in case of an emergency. The first of our mandatory two evacuation drills occurred yesterday. Students were able to practice the evacuation and are now all aware of the new route to be taken now the building project has finished. The drill went exceptionally well and during Semester 2 we will practice the second of our mandatory drills, a lockdown. Staff are currently evaluating the evacuation drill to further improve the process.

Mrs Gatt



### Achieving Together

Principal: Mr G Johnson  
Deputy Principals: Mr M Townsend, Mr B Clements, Mrs A Gatt

Address: 28-44 Purchase Road, Cherrybrook NSW 2126  
Phone: 9484 2144  
Web: <https://cths.nsw.edu.au/>  
Email: [cths@cths.nsw.edu.au](mailto:cths@cths.nsw.edu.au)

### Raise the Bar Academy

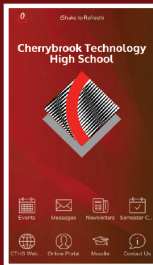
Raise the Bar Academy is an exciting residential camp program specifically designed for Indigenous secondary students (Years 10-12), who aspire to participate in athletics and study at university. The four-day summer camp includes athletics coaching, interactions with sports professionals, a visit to National Sports Museum at the MCG as well as mentoring from elite athletes. The program aims to inspire participants to continue their education, participate in athletics as a life-long pursuit, be proud about their heritage and excited about their potential. Year 11 students, Lara Woollett and Lara Walker, were excited about this opportunity and spoke highly of their experience.

Mr Searle



*From 13-18 January this year, we were fortunate enough to be given the opportunity to be a part of the Raise the Bar Academy camp, which was devoted to elite indigenous athletes from all over Australia. It took place at Melbourne University on the campus of Trinity College. Throughout the week we travelled to various seminars and learnt about different pathways for future education and employment opportunities. We also participated in sporting activities such as the Traditional Aboriginal Games and trained under the mentorship of some well-known Olympians including Kyle Vander-Kuyp, Torita Blake and Beki Smith. This experience opened us up to the meeting of amazing people who we grew extremely close to over the week and built lifelong relationships with them. We were so grateful to be able to be a part of this camp and will never forget the memories we made on this trip!*

Lara Walker and Lara Woollett



### Cherrybrook Technology High School App

Go to the App Store or Google Play and search for “Cherrybrook Technology High School” to download the free app. This will provide you with school information, dates of upcoming events and more. By enabling push notifications you will receive important messages instantly.

### Law Day Out

The HSC Legal Studies classes this year have had the exciting opportunity to attend Court complexes in the city, as well as at Parramatta. The students in our senior classes were afforded this opportunity because of the assistance of the Rule of Law Institute who run a “Law Day Out” program. We are grateful for their support because ordinarily a visit to the courts would not be possible for a school of our size. The students found the day to be an interesting and rewarding experience which greatly assisted their efforts in Legal Studies. As part of the program, students were able to: speak with and ask questions of a District Court Judge as part of a private audience; interview a member of the Parole Board; speak with Law Enforcement Officers; watch a trial in the District Court; watch sentencing in the District and Local Courts; observe the Drug Court in operation and watch a parole hearing. Watching the courts operate was of great benefit to the students.

Mr Fernandez



## She'll Be Apples, Mate!

Stage 4 Technology (Mandatory) has undergone an enormous overhaul this year, with changes reflecting the new syllabus released by NESA. The changes have impacted teaching and learning significantly, as the areas of study have been reduced and teachers are delivering new content. These are exciting and progressive times for the Technology and Applied Studies Faculty!

Last week, many Year 7 students learnt a great deal about apples. They discovered where apples are grown and what six different types of apples taste like. They then prepared *Apple Galette* or *Apple and Cinnamon Muffins*, yum! This learning falls into the new content area called Food and Agriculture.

Other students are learning about engineering through the making of a 'cam toy' or, as some of you may call them, a pull-along toy. Students are using timber as the material with which to explore this content and are currently learning how to be a safe member of a Technology class.

The TAS faculty look forward to keeping you updated with some interesting facts and examples of students work as we develop and explore the new syllabus together. For any enquiries about the new content, please don't hesitate to contact Mrs Robinson, HT TAS.

Here is the *Apple Galette* recipe for you to try at home. Also for your information, free apple picking can be enjoyed about 40 minutes from Cherrybrook at Bilpin. This is a link to their details <http://www.bilpinfruitbowl.com.au/>

### Apple Galette

#### Ingredients:

- 2 Granny Smith apples
- 2 Sheet puff pastry
- 2 Tab sugar
- 2 Tab apricot jam
- 4 Strawberries

#### Method:

1. Preheat oven to 200C. Line a baking tray with baking paper.
2. Core apples and peel (optional)
3. Slice finely
4. Cut pastry into quarters. You may want to cut each quarter in half again depending on the size you want for the finished Galette.
5. Place pastry on tray and arrange apples in a decorative way over the pastry
6. Sprinkle with sugar
7. Bake for 20 mins
8. Heat jam in microwave for 30 secs and push through sieve
9. Brush pastry with jam
10. Can be served with a fanned strawberry



Mrs Robinson HT TAS

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This is to advise, effective from 28 February 2019, School Uniforms Australia we will no longer be continuing their online retail business.

This decision has been taken in light of their Company policy to refocus towards developing their wholesale division.

It has been their pleasure to be associated with Cherrybrook Technology High School over the past nine years, supplying our school uniform requirements.

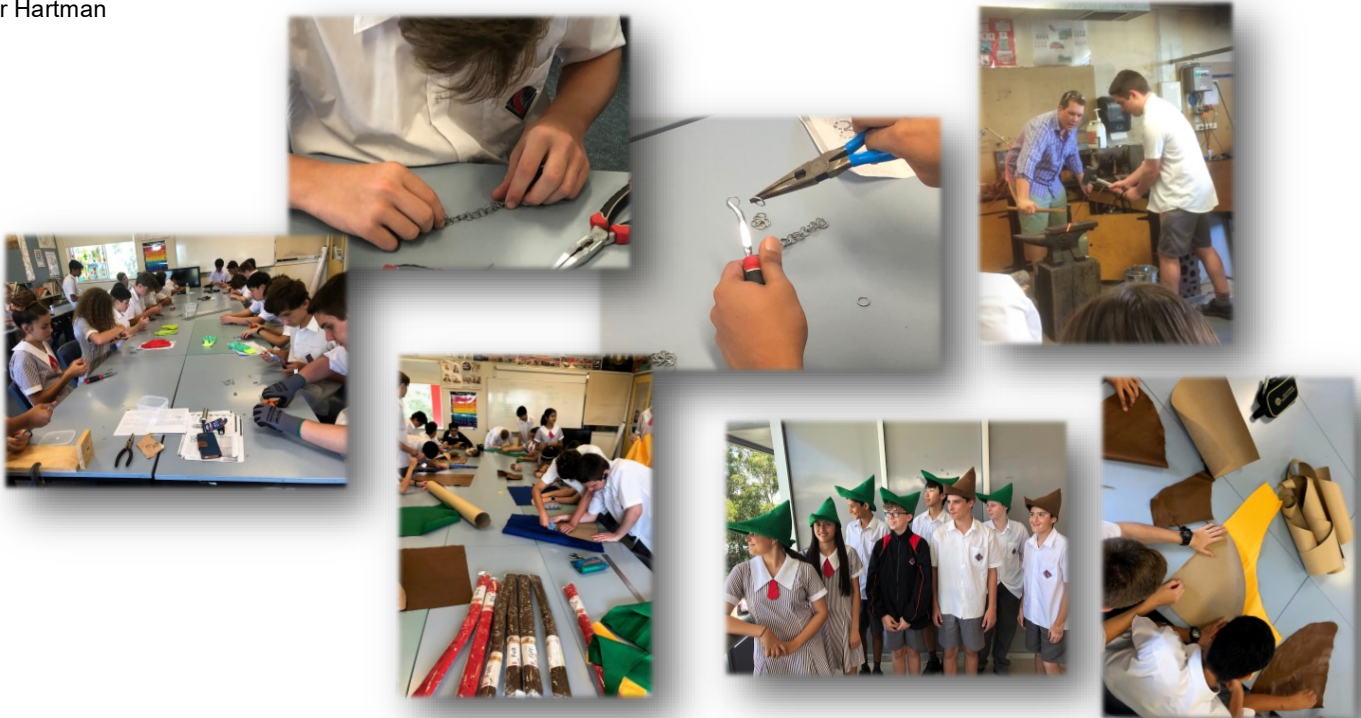
### Making History: Medieval - Stage 5 Elective History

The first month of Making History this year has been fast-paced and engaging and the class has been prolific in its output. In the first two weeks of the year, the class was introduced to the concept of integrated learning and hands-on history. They researched manuscripts such as the medieval *Codex Manesse* which they used to help them design and make their first project, a felt hat.

Last week, students had the opportunity to see some traditional skills in action with Mr Hartman demonstrating basic techniques of blacksmithing in the metalwork room. Time was limited so workshop safety, basic tools and equipment and a few basic techniques such as tapering, scrolling and twisting were covered. Students saw the foundation of how heat is used to shape metal and they are looking forward to coming back later this semester to make cooking tripods, on which they will cook pottage, a traditional medieval dish.

Most recently, the Making History class were given an introduction into the construction of maille armour. They learnt how to turn fencing wire into chain links, and how then to "knit" these links together to form basic shapes. As they increase in proficiency, some students may choose to make a coif (head armour), bishops collar, or even a hauberk (chain shirt) later in the year, time permitting. Students were focussed on this throughout the week, with a handful of students working hard to make links for their classmates, thus demonstrating organisation and leadership.

Mr Hartman



### Year 7 History - Archaeology in the Playground

This week 7N experienced a taste of archaeology when they took part in an excavation as part of their Year 7 History course. Students brought in a lunchbox full of dirt or sand and a small collection of artefacts. They used tools such as spoons and paintbrushes to work their way down through the strata, revealing trinkets their friends had brought in for them to discover. The class worked well together and should be congratulated for their efforts. This lesson fits into the Investigating the Ancient Past topic and is designed to help them in the understanding of archaeological processes and the analysis of sources.

Mr Hartman



### Matriark Theatre

Our Stage 4 students participate in a compulsory course of Drama here at CTHS, which provides a specific type of enrichment. So much is to be gained from the collaborative process. Our Year 8 Drama students, along with Stage 5 and 6 Drama students, had the opportunity to see a live performance in the MPC on Monday, with Matriark Theatre Company presenting their show, Commedia della Morte. This ensemble of actors are trained in the theatrical form known as Commedia dell'Arte. This deftly delivered piece of entertainment provided our students with the chance to deepen their appreciation of the value of spontaneity and collaboration.

Thanks go out to our wonderfully responsive CTHS parent body who were, once again, so prompt with payment for this incursion. To the staff who assisted with this venture, a warm thanks to you also. Good luck to our students as they set about composing their entertaining and informative theatre reviews of Matriark's fine performance.

Ms Cannon



### PROCEDURE FOR EARLY LEAVERS

If a student needs to leave school early, they **must** provide a note from their parent/guardian giving reasons for their partial absence. **The student must hand the note in at the student window before 8.30am** where they will be issued with a leave pass. They can then present this pass to their teacher and leave school at the appropriate time.

On Thursdays (sport days) all students in Years 9-11 **MUST** have their early leave notes signed by a member of the PE staff before presenting to the office.

### DISCLAIMER

Advertising in this newsletter is included as a community service. Cherrybrook Technology High School has not tested these products and they should not in any way be seen as an endorsement or recommendation by the school.

CHERRYBROOK TECHNOLOGY  
HIGH SCHOOL PRESENTS



Book by THOMAS MEEHAN  
Music by CHARLES STROUSE  
Lyrics by MARTIN CHARNIN

Original Broadway Production  
by  
MARTIN CHARNIN

Cherrybrook Technology  
High School  
MPC

Thursday 14 March, 7PM  
Friday 15 March, 7PM  
Saturday 16 March, 7PM

Students \$10  
Adults \$15  
Concession \$10  
Family \$45

BOOKINGS WEB: <https://cths.nsw.edu.au>

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"Little Orphan Annie"® by permission of  
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# Sports Report

## Grade Sport

Congratulations to all of our grade sport teams in our first week of competition! In a truly exceptional result, almost all of our school teams won their games against either St. Ives or Pennant Hills. It's an outstanding achievement that's looking like an awesome start to a great year of grade sport. Remember, always put in 100% effort and keep up the amazing work!

## Year 7 Swimming Carnival

Last Friday, CTHS held our annual Year 7 Swimming Carnival. The turnout was outstanding and the day was fun-filled. There was excellent involvement in not only the races, but also the novelty and House relays. We hope you all had an awesome time!

The Age Champions Awards from the event are presented to the best swimmer on the day from each age group. The Age Champions are:

12 Years Girls - Chevonne Kim  
12 Years Boys - Harindu Alutwala  
13 Years Girls - Jasmine Patankar  
13 Years Boys - Keven Tee

Also, congratulations to Charles House for winning the Carnival!

## Stage 4 Lunchtime Sport

On Friday, we started our first round of Stage 4 House sport with Year 7 on the school basketball courts. This event is an initiative the Sports Executive started last year, aimed at building House spirit while also allowing the younger years more opportunity to play sport at CTHS. It was so good to see so many of you representing your sporting House, but more importantly having an awesome time and having fun playing basketball with your mates! Keep an eye out on the Daily News, as we'll be hosting lunchtime House sport every Friday. Looking forward to seeing Year 8 there next week for their week of basketball!

## Knockout Open Netball

Congratulations to the Open Netball Team who won their first round match against Marsden. The girls played extremely well winning the game 41-8. This is an amazing effort! The team will now play in the second round next month. Good luck!

## Upcoming Events

Monday 25 February:	Zone Swimming Carnival
Thursday 21 March:	Sydney North Swimming Carnival
Thursday 21 March:	Year 7 Gala Day
Saturday 6-Tuesday 9 April:	NSWCHS Swimming Carnival
Wednesday 10 April:	CTHS Athletic Carnival
Thursday 11 April:	CTHS Athletics Carnival Half Day

Alina Chieh and Isabella Ong, Sports Vice Captains



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 FRIDAY: 7AM-4PM & 5.30PM-LATE  
 SATURDAY: 7AM-3.30PM & 5.30PM-LATE  
 SUNDAY: 8AM-3.30PM

**\*ENQUIRE ABOUT OUR CATERING SERVICES AS WELL!**

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**PROCEDURES FOR SICK STUDENTS**

Students who are sick during class should see a teacher for written permission to go to sick bay. They must present themselves promptly to the **front office** and politely follow instructions from the office staff, who will then contact a parent/guardian when necessary. Sick bay is used for a short time only. Students should not call their parents in the first instance. ***Please be advised the school does not supply any medication, including pain killers, medicated creams, eye drops etc.***



RTO 91446

## Embrace your love of interiors and get creative

Interior Decoration Workshop | 16-17 April

The perfect taster course for enthusiasts considering a future in interior decoration. Be immersed in our world of interiors and create a scheme for a space in your own home.

Register today - [sydneydesignschool.com.au](http://sydneydesignschool.com.au)

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/ 2/40 Oxley Street, St Leonards

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### CALENDAR - Term 1 Week 5B

Monday 25 February	<ul style="list-style-type: none"> <li>• Zone Swimming Carnival</li> <li>• Year 11 Ancient History Excursion</li> <li>• Music Ensembles Meeting - Staff Common Room, 7.30-8.30pm</li> </ul>
Tuesday 26 February	<ul style="list-style-type: none"> <li>• Careers Mentor Training Day</li> <li>• Year 10 GAT Life Drawing - C1.1</li> <li>• 2019 Ski Trip Parent Meeting - Lecture Theatre, 7.15pm</li> <li>• Year 12 Parent/Teacher Interviews - MPC, 4-7pm</li> </ul>
Wednesday 27 February	<ul style="list-style-type: none"> <li>• Year 7 Camp</li> <li>• Knockout Sport - Open Girls' Touch</li> </ul>
Thursday 28 February	<ul style="list-style-type: none"> <li>• Year 7 Camp</li> </ul>
Friday 1 March	<ul style="list-style-type: none"> <li>• Year 7 Camp</li> <li>• Clean Up Australia</li> <li>• HSC Assessment Task - Design &amp; Technology</li> </ul>