

## DEPUTY PRINCIPAL'S REPORT



### World's Greatest Shave

On Wednesday many students participated in The World's Greatest Shave, to raise money for Leukaemia research. Every day 35 Australians are diagnosed with blood cancer, meaning research to find a cure is vitally important. The CTHS Team led by Narin Onay and Jayan Pascoe consisted of; Vihaan Jain, Arjun Sedha, Cameron Joseph, Zaki Razi, Shannon Wright, Leonardo Bruzze, Jacob Graaff, James Gair, Yvonne Hong, Mohamad Kattan and Aaryan Tiwari. The group has managed to raise a staggering \$7,000!

Two of our former students, Georgia Chin Nam from Royal's Hair Cherrybrook and Max Baker, who works at Mister Chop Shop Surry Hills, kindly donated their time to assist with the shearing, as did Ms Campbell and Ms Corbett. Thanks also to Mr Fisher who set up the MPC and acted as DJ for the event.

If you would like to donate to this worthy cause, please follow the link below or search CTHS Greatest Shave on the World's Greatest Shave Website: <https://secure.leukaemiafoundation.org.au/registrant/donate.aspx?eventId=14612&teamId=114032>

### AP3 Examination Period Commences

As the AP3 Examination period has just begun and the AP1 Examination period is a few short weeks away, it might be timely to share a few tips and tricks for both parents and students. I have put together a few ideas which may be helpful:

1. **Preparation and Planning are Essential:** Whereas cramming can be of some use if students have not prepared at all for examinations, being prepared and organised is essential. Study sessions should be planned and include regular breaks to relax and refocus.
2. **Organisation:** Ensure all necessary exam equipment is in a kit. Having an exam kit means one less thing to distract students. Have extra pens and other essentials ready in case the favourite pen does not work.
3. **Avoid Stress:** Stress is contagious, therefore try and surround yourself with positive people rather than those who may add to your stress levels. Keep in mind, group study sessions may not be a helpful environment for all as many will find this distracting. Parents should also try their best to keep calm and be a calming influence.
4. **Eat Properly:** Nutrition is a crucial part of overall wellbeing and health. Having a proper breakfast before an exam will provide the fuel necessary for clear thinking. Adequate nutrition is a proven factor linked to academic performance. Caffeine is a detractor from performance and should be avoided, especially in energy drinks, as the added sugar is no good for anyone.
5. **Exercise:** This is another factor linked to performance. Exercise is proven to reduce stress and anxiety. It will also supply oxygen, antioxidants and glucose to the brain, allowing greater clarity of thought.
6. **SLEEP WELL:** Sleep deprivation is proven to reduce brain function. So often students profess to being overtired as a result of staying up all night studying or completing assessments. It is not possible to maintain clarity of thought when you are tired. Enough said.
7. **Keep Everything in Perspective:** While the HSC is important to you and probably also your family, there is always an alternative way to achieve one's goals. The Careers staff can be particularly useful in assisting students in attaining tertiary goals via alternate methods.

Finally, if the stress or anxiety is too much, contact Ms Adamou, Mr Edinborough, your Year Advisers or the Deputies; they are all here to help.

### Winter Uniform - Term 2

When students return in Term 2, they are to wear their winter uniform. Lowes Castle Hill is the sole supplier of uniforms for CTHS students. So far this year the standard of attire has been excellent, with most students wearing their uniforms correctly. We want to remind everyone, hooded jackets/jumpers of any description are **NOT** part of the uniform, nor are long sleeved t-shirts underneath shirts. Boys must wear grey school socks and girls, white ankle socks. Girls may wear black stockings in winter, as an alternative. Sports socks and black socks are **NOT** part of the school uniform (except for senior boys, who may wear black socks with their black trousers).

### Year 7 Gala Day

The recent wet weather has meant the Year 7 Gala Day had to be postponed. The Gala Day will now be held on Thursday 4 April, weather permitting.

### Big Band Visits Cherrybrook Primary School

On Wednesday, the Big Band ran a workshop in conjunction with Cherrybrook Primary School. The session was a resounding success and the quality of the young musicians was exceptional, with Mr Felton the Big Band Director, very excited about the quality of talent which will, hopefully, transition into the CTHS Big Band in future years.

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### Achieving Together

Principal: Mr G Johnson  
Deputy Principals: Mr M Townsend, Mr B Clements, Mrs A Gatt

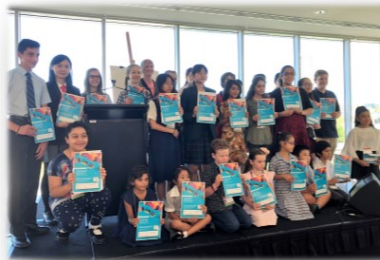
Address: 28-44 Purchase Road, Cherrybrook NSW 2126  
Phone: 9484 2144  
Web: <https://cths.nsw.edu.au>  
Email: [cths@cths.nsw.edu.au](mailto:cths@cths.nsw.edu.au)

### Sydney North Swimming

Cherrybrook Technology High School was well represented at the Sydney North Swimming Carnival. Results will be announced once the organisers have released them.

### Operation Art

Every year schools across New South Wales are invited to participate in Operation Art, an initiative of The Children's Hospital at Westmead in association with the New South Wales Department of Education. The Operation Art Program provides a forum for schools and students to demonstrate their Visual Arts achievements through exhibitions at the Armory Gallery, Sydney Olympic Park and the Art Gallery of New South Wales. Yvonne Huang, Year 11, won Operation Art and was presented on Wednesday, with her Award and Prize, by the General Manager, Cassandra Casey of ANSTO, who is the sponsor of this prize. Yvonne also presented a replica of her artwork to Peter Baldwin, a children's book illustrator, who was the Guest Speaker at the Exhibition Opening. Yvonne's work is one of 50 to be exhibited at the NSW Art Gallery from 21 to 31 March. Entries for this year's Competition are now open and we encourage students to apply.



### Congratulations to...

- Thomas Pellow, who was selected for the CHS Baseball Team. The Combined High Schools Team will compete at the NSW All Schools Competition on Wednesday 3 April.
- Jessica Chui, Year 11, who has been selected to participate in the Combined High Schools Water Polo Team, which will compete in North America in July this year.

Mr Townsend

### SCHOOL PHONE NUMBER

Please make a note of the school phone number, **9484 2144**. Although we have a number of outgoing lines, this is the **ONLY** incoming phone number which directly connects to the CTHS front office. Thank you.

### Ancient History - Olympic Games Incursion

On Thursday 21 March, Mr Hartman's Ancient History class engaged with some experimental archaeology and hands-on history, as they attempted to recreate the Ancient Olympic Games on the school oval. This activity fits into their current area of study, the Panhellenic Games of Ancient Greece, which included the Olympics. At the beginning of the day, under a glooming sky, we journeyed down to our *stadion* on the field, carrying helmets, shields, chariots and olive wreaths.

The proceedings commenced with a sacrifice of 100 oxen (in our case, a teddy bear). Everyone competed in the first event, the 195m *stadion* foot race. Next, two indefatigable students ran the *diaulos* (two *stadion* lengths) while the rest kitted up for the *hoplitodromos*, the hoplite race traditionally run in armour whilst carrying a shield. There was a short break while several inquisitive students tried long jump with *halteres* and weights, before the equestrian events were underway. The first was a straight-up horse race, with horses and jockeys vying for first place, which was followed by our last event, the chariot race. The final run was an exhibition race with Mr Hartman and Mr Keating as the charioteers.

The events concluded with olive wreaths being presented to the victors by the Priestess of Demeter, the only woman allowed at the original games. While there were plenty of anachronisms (more clothes and less olive oil than the original, plus females present and competing), it was great fun and gave students a unique insight into the Panhellenic Games. Thank you to all students for your enthusiasm and to Mr Caccamo for the olive wreaths.

Mr Hartman



### Mock Trial Success

The CTHS Mock Trial squad commenced its season in fine style on Wednesday evening. In the opening round of the season, Cherrybrook was allocated the role of the Defence in a criminal trial about the theft of several PS4 games. Our opponents in the trial were All Saints Grammar School Belmore. CTHS students who participated in this round of the competition included: Madison Pryor and Charlotte Cameron (Barristers), Lara Flaksbard and Shalena Brito (Witnesses), Sophia Koller (Solicitor) and Arabi Sathiyapal (Court Officer). Cherrybrook emerged as clear winners on the day, being successful both in terms of the legal arguments in the trial and in the final score by a margin of 229-188.

Our thanks were extended on the night to our opposition for hosting the trial as well as to the Magistrate for giving so freely of their time to judge the trial and provide feedback. Our students should be proud of their considerable efforts. They were complimented by the Magistrate on their team spirit, preparedness and professionalism. We anticipate receiving details of the next trial in the competition on Monday.

Mr Fernandez



### From the Library

This week Paul Macdonald from the Children's Bookshop at Beecroft, made one of his regular visits to share his knowledge of what's new, popular and exciting in the world of books. This included the books on the recently released CBCA Notables 2019 list (Children's Book Council of Australia). The Year 7 and 8 audience, as always at the end of Paul's presentations, was given the opportunity to select the titles desired to add to our collection. This involvement with acquisitions is very rewarding for keen readers and enticing for many others.

### Ace your Exams

Year 12 have completed the final unit of their Study Skills program delivered by Elevate Education. Additional resources for this unit can be accessed on Canvas in Lib191. There is also a link to the Elevate Education website which has additional subject specific resources.

Ms Halder and Ms Sorenson

#### DAILY ABSENTEE TEXTS

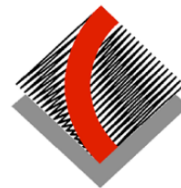
Please be advised, if you receive a text from the school alerting you of your child's absence, you may respond to the text. However, this is a stand-alone process and **ONLY** for the purpose of absentees. **Please DO NOT text the school** unless you receive a message from CTHS and **DO NOT** use this system for any other communication. Thank you

#### PROCEDURE FOR EARLY LEAVERS

If a student needs to leave school early, they **must** provide a note from their parent/guardian giving reasons for their partial absence. **The student must hand the note in at the student window before 8.30am** where they will be issued with a leave pass. They can then present this pass to their teacher and leave school at the appropriate time.

On Thursdays (sport days) all students in Years 9-11 **MUST** have their early leave notes signed by a member of the PE staff before presenting to the office.

March 2019



**Cherrybrook  
Technology  
High School**

28-44 Purchase Road  
Cherrybrook NSW 2126

Telephone  
02 9484 2144

Email  
[cths@cths.nsw.edu.au](mailto:cths@cths.nsw.edu.au)

Website  
<https://cths.nsw.edu.au>

Principal  
Mr G Johnson

Deputy Principals  
Mr M Townsend  
Mr B Clements  
Mrs A Gatt

## Whooping Cough (Pertussis)

Dear Parents / Carers

Information from the Ministry of Health about Whooping Cough is provided below.

Whooping Cough (also called Pertussis) began increasing across NSW towards the end of 2018, especially in children between the ages of 5 and 14 years. NSW Health anticipates this increase will continue into 2019.

School-aged children who are infected with Whooping Cough usually experience a troubling cough which can persist for months, but they rarely get severe illness. However, they can spread the infection to younger siblings and other more vulnerable people, who are at higher risk of severe disease. Whooping Cough can be a life threatening infection in babies.

What can you do to prevent Whooping Cough?

1. Make sure vaccinations are up-to-date for all family members
2. Be alert for symptoms of Whooping Cough:
  - i. Whooping Cough usually begins like a cold with a blocked or runny nose, tiredness, mild fever and a cough.
  - ii. The cough gets worse and severe bouts of uncontrollable coughing can develop. Coughing bouts can be followed by vomiting, choking or taking a big gasping breath which causes a 'whooping' sound. The cough can last for many weeks and can be worse at night.
  - iii. Some newborns may not cough at all, but they can stop breathing and turn blue. Some babies have difficulties feeding and can choke or gag.
  - iv. Older children and adults may just have a cough which lasts for many weeks. They may not have the whoop.
3. Keep coughing kids home, to prevent them spreading the infection to others and see your GP to get them tested for Whooping Cough.

For more information on Whooping Cough and vaccination visit the [NSW Health Website](https://www.health.nsw.gov.au/Infectious/whoopingcough/Pages/default.aspx) (<https://www.health.nsw.gov.au/Infectious/whoopingcough/Pages/default.aspx>)

You can also find out about other important infectious disease alerts by visiting the [alerts page](https://www.health.nsw.gov.au/Infectious/alerts/Pages/default.aspx) (<https://www.health.nsw.gov.au/Infectious/alerts/Pages/default.aspx>).

Yours faithfully

Gary Johnson  
Principal

# Careers Update

## Universities Update:

### Five Steps to Study in the USA

From researching all your options, funding the study, application and visa arrangements, it's all here in one handy step by step guide <https://educationusa.state.gov/your-5-steps-us-study>



### Career Spotlight:

#### The Australian Federal Police Force

Depending on your career choice, there are several ways to join the AFP:

- [Apply to join as an entry level sworn recruit](#)
- [Apply to join as a Lateral Police recruit](#)
- [Apply for a professional \(non-policing\) role](#)



Whether in a non-policing support role, investigating transnational crime, people smuggling, investigating crimes against the ACT community and patrolling its city and suburban streets, providing high visibility protection to commonwealth infrastructure sites and establishments, or heading overseas to liaison posts or capacity building missions, you'll be on the frontline, contributing to keeping the Australian community safe. Before you apply for a position, check that you meet the AFP's [minimum requirements](https://www.afp.gov.au/careers), <https://www.afp.gov.au/careers>

### Food Industry Careers

Want to carve out a career as a food professional? Get some insight from top industry professionals with top tips for gaining experience and landing a job in the food world. It's a UK based resource, but the advice applies in Australia too. [Read interviews](#) from a TV Chef, Chocolatier, recipe writer, food stylist and more.



## Work Experience:

### Year 10 Work Experience (Chemical Engineering) at Sydney

Applications will close on Monday 1 April at 9am, outcomes announced 5 April. 6-10 May and 2-6 September. The Faculty of Engineering and IT offers work experience placements for Year 10 students interested in chemical engineering. Students are teamed up with an academic or PhD student to work on a week-long project. Please visit: <https://bit.ly/2Spsd2A>

### AIE Animation Industry Experience Days

17 April, 12 July and 2 October. AIE's Industry Experience Days are a great opportunity for students in Years 10, 11 and 12 to learn about the local and international game development, 3D animation and visual effects industries. Students will get the opportunity to learn about the different pathways to get into the industry, what should be in a portfolio and will be able to get creative in practical workshops using industry-standard 3D animation and game development tools. Call 02 8514 880.

Register at <http://www.aie.edu.au/ied>

### Year 10 Engineering Work Experience

UNSW CVEN is interested in receiving applications from Careers Advisers for students who are self-motivated, reliable, punctual, and who have a strong mathematical ability. Importantly, students must have an interest in pursuing a career in engineering. You can watch a short video about the UNSW Civil and Environmental Engineering Year 10 Work Experience program. If you are interested to learn more or apply, the details are on this [link](#)

### Sydney Opera House | Work Experience

Term 3 dates: 19-23 August (deadline for applications is 21 July).

Term 4 dates: 4-8 November (deadline for applications is 6 October).

### Bell Shakespeare Work Experience Week

Applications open 6 May and close 8 July, 5pm

### Work Experience Week

Students in Year 10 and 11 are invited to apply for one week of Work Experience at Bell Shakespeare HQ in Sydney from 4-8 November 2019. Find out more <https://www.bellshakespeare.com.au/learning/scholarships/work-experience/>

### NSW Fire & Rescue Work Experience

Work Experience with us allows school students the opportunity to develop industry-specific skills and generic work skills in an authentic work environment.

Where: Fire and Rescue NSW Emergency Services Academy, Orchard Hills

Duration: Four days (Monday to Thursday)

Hours: 8am-4pm

By providing a work experience program, FRNSW assists schools to prepare young people for the workplace by providing meaningful workplace learning opportunities.

[Download the Information Pack including Application Forms here \(PDF\).](#)

Mrs Ferguson and Mrs Bower

**GET THAT JOB DAY**



# YOUTH JOBS & SKILLS EXPO



This exciting expo will provide youth with 21st Century strategies and learnings to Get that Job whatever they may be seeking!

**TUESDAY**

**9**

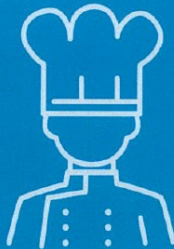
**APRIL 2019**

**TIME**

12.00 – 4.00PM

**LOCATION**

TAFE MEADOWBANK  
SEE STREET, P BLOCK  
FUNCTION ROOM



**FREE**

- LinkedIn photo shoot
- Workshops & Stalls
- Lunch

FOR MORE INFORMATION CALL

**9952 8222**

OR VISIT OUR WEBSITE

[WWW.RYDE.NSW.GOV.AU/GETTHATJOB](http://WWW.RYDE.NSW.GOV.AU/GETTHATJOB)

 City of Ryde

In partnership with



Get that Job Day – an all-inclusive event for the youth of Ryde.  
People with disability and Aboriginal and Torres Strait Islander people are encouraged to attend.

**CANTEEN PRICE LIST**

Summer Term 1 2019

**Breakfast (Counter Order Only) 8.00-8.30am**

<b>Toast -</b>		<b>Toasted Sandwiches -</b>		<b>Muffins</b>	
Butter	\$0.80	Cheese	\$2.50	Apple Cinnamon	\$3.60
Vegete	\$0.90	Cheese & Tomato	\$3.00	Blueberry	\$3.60
Cinnamon	\$0.90	Cheese & Ham	\$3.80	Choc Chip	\$3.60
Raisin Toast	\$1.00	Cheese, Ham & Tomato	\$4.30	Double Choc chip	\$3.60
Banana Bread	\$2.60	Yoghurt/Muesli/fruit	\$2.20	Chocolate Small	\$2.10
Fresh Fruit (Seasonal)	\$1.20				

Milk, Juices &amp; Soft Drinks are available every day before school

**Recess & Lunchtime items available:****Sandwiches Rolls and Wraps**

	WHITE MULTIGRAIN	ROLLS		WHITE MULTIGRAIN	ROLLS		WRAPS	
Buttered	\$1.50	\$2.00	Ham & Salad (Order only)	\$4.80	\$5.30	Avocado & Salad (V)		\$4.50
Plain	\$1.00	\$1.50	Ham & Tomato (Order only)	\$3.90	\$4.40	Chicken, Avocado & Lettuce		\$5.50
Vegete	\$1.60	\$2.10	Ham, Cheese & Tomato (Order only)	\$4.10	\$4.60	Tuna, Avocado & Lettuce (Order Only)		\$5.50
Cheese (V)	\$2.40	\$2.90	Curried Egg & Lettuce (V)	\$3.30	\$3.80	Caesar Salad (V)		\$4.50
Cheese & Tomato (V)	\$2.90	\$3.40	Salad	\$3.60	\$4.10	Caesar Salad with Chicken		\$5.50
Chicken	\$3.30	\$3.80	Sweet Chili Chicken & Lettuce	\$3.90	\$4.40	Extra: Chicken/Egg/Ham/Tuna		\$1.20
Chicken & Salad	\$4.80	\$5.30	Tuna mayo & Salad (order only)	\$4.80	\$5.30	Mayonnaise, French Dressing, Caesar Dressing		\$0.30
Chicken, Lettuce & Mayo	\$3.90	\$4.40	Tuna mayo & Cucumber (Order Only)	\$3.90	\$4.40	Without Cheese/Corn/Cucumber/Lettuce/Tomato		\$0.50

NOTE: Salad includes - Carrot, Cucumber, Lettuce &amp; Tomato

NOTE: Caesar salad - Lettuce Cheese Egg Caesar Dressing croutons

**Salads**

Garden Salad Small	\$2.60	Garden Salad with Egg	\$5.20	Caesar Salad Small	\$2.60
Garden Salad Large	\$4.00	Garden Salad with Ham	\$5.20	Caesar Salad Large	\$4.00
Garden Salad with Chicken	\$5.20	Garden Salad with Tuna	\$5.20	Caesar Salad with Chicken	\$5.50

NOTE: Salad includes - Carrot, Cucumber, Lettuce, Tomato &amp; Cheese

NOTE: Caesar salad - Lettuce, Cheese, Egg, Caesar Dressing &amp; croutons

**Sushi and Chilled Food**

Sushi - Chicken Schnitzel & Avocado	\$3.60	Sushi - Vegetable	\$3.60	Fresh Fruit (Seasonal)	\$1.20
Sushi - Chicken Teriyaki and Cucumber	\$3.60	Sushi - Baby pack Chicken	\$3.30	Low fat Yoghurt	\$2.20
Sushi - Salmon and Avocado	\$3.60	Sushi - Baby pack Tuna	\$3.30	Low fat Yoghurt with Fruit	\$2.20
Sushi - Tuna and Avocado	\$3.60	Hummus	\$1.00	Low fat Yoghurt with Muesli	\$2.20
Sushi - Tuna and Cucumber	\$3.60	Carrot sticks	\$0.50	Low fat Yoghurt with Fruit & Muesli	\$2.20

**Hot Food**

Burger - Chicken	\$4.40	Chicken Chili Strip	\$1.60	Sausage Roll	\$3.00
Burger - Beef	\$4.40	Chicken Chili Dog	\$2.40	Cheese & Spinach Roll (V)	\$3.00
Burger - Vegetarian (V)	\$4.40	Meatball Sub	\$3.00	Lasagne Beef	\$3.90
Melts - Cheese	\$1.70	Garlic Bread Small	\$0.60	Lasagne Vegetable (V)	\$3.90
Melts - Cheese and Tomato	\$2.00	Garlic Bread Large	\$1.20	Spaghetti	\$3.90
Melts - Cheese and Pineapple	\$2.00	Churros (Recess Only)	\$1.50	Fried Rice (V)	\$3.90
Melts - Chicken and Cheese	\$2.40	Pies - Beef	\$3.90	Macaroni and Cheese (V)	\$3.90
Toasties - Cheese	\$2.50	Pies - Pepper Steak	\$3.90	Noodles Chicken (Order Only)	\$3.00
Toasties - Cheese & Tomato	\$3.00	Pies - Potato	\$3.90	Noodles Beef (Order Only)	\$3.00
Chicken Goujons	\$2.60	Pies - Pizza	\$3.90	Noodles Oriental (V) (Order Only)	\$3.00
Chicken and Corn Roll	\$2.10	Pies - Butter Chicken Curry	\$4.90	Butter Chicken & Rice	\$5.60
Hot Chili Chicken & Cheese Roll (Order Only)	\$4.40	Pies - Red Thai Curry Chicken	\$4.90	Beef Karma & Basmati Rice	\$5.60
Sauce - Tomato, BBQ, Sweet Chili	\$0.30	Pies - Chicken and Vegetable	NEW \$4.90	Coconut Chicken Thai Curry Jasmine Rice	\$5.60

**Drinks**

300ml Plain Milk	\$1.50	Nippy's Iced Coffee	\$2.20	Chill Peach Iced Tea	\$2.20
600ml Plain Milk	\$2.10	Nippy's Chocolate	\$2.20	Water Small	\$1.00
300ml Chocolate Milk	\$2.20	Up & Go Vanilla	\$2.20	Water Large	\$2.00
300ml Strawberry Milk	\$2.20	Up & Go Chocolate	\$2.20	OKF Sparkling Grape	\$2.20
300ml Iced Coffee Milk	\$2.20	Popper Apple Juice	\$1.00	OKF Sparkling Lemon	\$2.20
300ml Vanilla Malt Milk	\$2.20	Popper Orange Juice	\$1.00	OKF Sparkling Watermelon	\$2.20
600ml Chocolate Milk	\$3.50	Popper Apple/Blackcurrant Juice	\$1.00	OKF Sparkling Mango	\$2.20
600ml Strawberry Milk	\$3.50	Daily Juice Orange	\$2.80	Juice Bomb Apple Cola	\$2.20
600ml Iced Coffee Milk	\$3.50	Daily Juice Cloudy Apple	\$2.80	Juice Bomb Apple Raspberry	\$2.20
600ml Vanilla Malt Milk	\$3.50	Aloe Water Original	\$2.80	Juice Bomb Apple Blackcurrant	\$2.20
600ml Mocha Milk	\$3.50	Aloe Water Grape	\$2.80	Juice Bomb Vanilla Lime	\$2.20
Pump Flavoured Water Lime	\$3.50	Aloe Water Lychee	\$2.80	Appletiser	\$2.20
Pump Flavoured Water Lemon	\$3.50	Aloe Water Peach	\$2.80		
Pump Flavoured Water Berry	\$3.50	Aloe Water Pomegranate	\$2.80		

**Other Items**

Muffin Small Chocolate	\$2.10	Muffin Regular Apple Cinnamon	\$3.60	Frozen Fruit Cup	\$0.60
Muffin Regular Choc Chip	\$3.60	Muffin Regular Blueberry	\$3.60	Ice Blocks/Ice Creams	R.R.P.
Muffin Regular Double Choc Chip	\$3.60	Choc Chip Cookie	\$2.00	Assorted Snacks	R.R.P.
Fork/Spoon when NOT buying food	\$0.05				

Prices are subject to alteration

NOTE: R.R.P. = Recommended Retail Price

Lunch Orders must be placed with Filed school before 9.30am or at the Canteen before SCHOOL or at Recess or before 11.00AM AT THE LUNCH ORDER WINDOW, thank you.

**STATIONERY Year 7 Book Packs (First Term only) \$70.00**

Sandwiches, rolls, salad, fruit, water, &amp; plain milk are all subsidised by other items to keep the prices lower.





# LEARN FROM **TWO TEDX** SPEAKERS!!

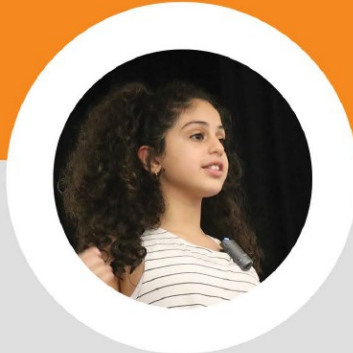


## **COURAGE** THROUGH PUBLIC SPEAKING YEARS 3 & 4

*You will learn:*

- How to have fun and be courageous.
- How to feel confident when feeling nervous.

**13TH - 14TH APRIL**



## **RESILIENCE** THROUGH PUBLIC SPEAKING YEARS 5 & 6

*You will learn:*

- How to build your resilience for high school.
- To use your voice and posture effectively.

**15TH - 16TH APRIL**




## **CONFIDENCE** THROUGH PUBLIC SPEAKING YEARS 7 - 9

*You will learn:*

- How to influence.
- How to create your own unique voice.

**4TH- 5TH MAY**



 Normanhurst Boys High School  
[www.academyofspeakers.com](http://www.academyofspeakers.com)

**BOOK FOR TERM 1  
HOLIDAYS!**  
**ON: eventbrite**



LISA HARNUM FOUNDATION  
FREEDOM FROM DOMESTIC ABUSE

*Cherrybrook Leo Club Presents*

DISNEY'S

THE EMPEROR'S

NEW GROOVE



Saturday 30<sup>th</sup> March

7:30pm-9:30pm

Thornleigh Oval

Tickets

Adults: \$12

Concession: \$8

BOOK NOW ON

[trybooking.com/468094](http://trybooking.com/468094)

THERE WILL BE  
POPCORN,  
FAIRY FLOSS AND  
FACE PAINTING!

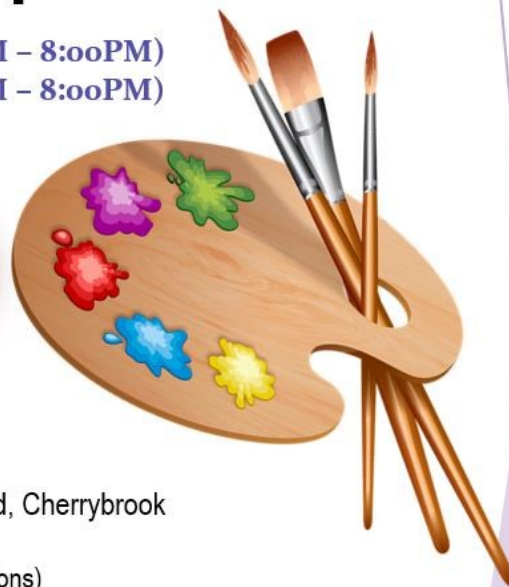
# DRAWING & PAINTING

## ART WORKSHOP April 2019

15<sup>th</sup> – 19<sup>th</sup> April 2019 (Mon – Fri 6:00 PM – 8:00PM)

22<sup>nd</sup> – 26<sup>th</sup> April 2019 (Mon – Fri 6:00 PM – 8:00PM)

- Basic concepts
- Sketching
- Painting  
(water/acrylic/oil)
- Cartooning & Caricaturing



**VENUE:** John Purchase Public School, Purchase Road, Cherrybrook

**PRICE:** \$30 (per 2-hour session)

\$250 (for whole workshop – 10 days x 2 hour sessions)

<https://www.facebook.com/pg/jeevARTZ/posts/>

**CONTACT:** Sajeev 0413 931 640 jeevartz@gmail.com

### CALENDAR - Term 1 Week 9B

Monday 25 March	<ul style="list-style-type: none"> <li>• AP3 Examinations</li> <li>• Year 10 Peer Support Training</li> <li>• Prelim Assessment Task - Chinese Continuers</li> </ul>
Tuesday 26 March	<ul style="list-style-type: none"> <li>• AP3 Examinations</li> <li>• Year 10 Peer Support Training</li> <li>• Knockout Sport - Open Girls' Soccer</li> <li>• Year 9 Science Skills Common Task</li> </ul>
Wednesday 27 March	<ul style="list-style-type: none"> <li>• AP3 Examinations</li> <li>• Year 10, 5.2 &amp; 5.3 Mathematics Assignment</li> </ul>
Thursday 28 March	<ul style="list-style-type: none"> <li>• AP3 Examinations</li> <li>• HSC Assessment Task - Industrial Technology</li> <li>• Prelim Assessment Task - EALD English</li> </ul>
Friday 29 March	<ul style="list-style-type: none"> <li>• AP3 Examinations</li> <li>• Prelim Assessment Task - Aboriginal Studies</li> <li>• Year 8 Mathematics Assessment Task (CAT1)</li> <li>• Prelim Assessment Task - Textiles and Design</li> <li>• Prelim Assessment Task - Food Technology</li> </ul>