

DEPUTY PRINCIPAL'S REPORT



School Leaders' Induction Ceremony

As with most of 2020, the Leaders' Induction Ceremony was modified, shortened and adjusted to accommodate the world in which we now live. Importantly, the message, meaning and significance remained the same. The Ceremony provided a brief opportunity to thank the outgoing Leaders for all their hard work and efforts and formalised the induction of the new group, acknowledging their leadership roles within the school. Our sincere thanks to those outgoing members of the Student Executive group for their excellent work and agility, as they managed their many commitments and studies, particularly over the past six months where any activity or initiative has needed to be altered due to COVID-19. We are confident the new Executive will also be able to adapt to the ever-changing conditions we find ourselves in, as they represent, support and lead our entire student population over the next twelve months.

AP4 Examinations

With the HSC fast approaching, many students are working towards deadlines to complete their practical projects and, coupled with the AP4 examination period, which is scheduled to commence on Monday 3 August, it is fair to say stress levels are often quite high for many at this time. Families often feel the stress of these examination periods also and at times can feel powerless to support their children. It is crucial to regularly encourage, keep calm and try to keep things in perspective.

Students must realise, maintaining a balance between study, physical exercise, social activity and downtime is essential. However, not all students can manage stress by themselves and this is when it is imperative to seek help. If a student cannot attend a Trial HSC exam for any reason, they MUST contact the school on the day of the exam and complete the necessary paperwork regarding their absence. If you have any queries, Ms Adamou, Head Teacher Stage 6 or Mr Edinburgh, Head Teacher Administration, are the people to speak to regarding these issues.

SRC Elections

On Tuesday, the SRC Elections were held for Years 7, 8, 9 and 10, providing students with the valuable opportunity to become part of the Student Leadership Team at CTHS and join the new Student Leaders for the 2020-2021 period. Those vying for positions had the opportunity to speak to their peers for a short period and voting took place immediately after. The successful candidates are listed below:

Year 7: Sienna Abran, Rizul Gulati, Jasmine Rorani, Sharvi Roy, Tabia Thethar and Rohan Usta
Year 8: Ayla Ackling, Melia Bloch, Chase Koorey, Lachlan Koranteng-Gyasi, Surya Negi and Jasmine Patankar
Year 9: Zachary Abran, James Doak, Harry Jackson, Katie McKeon, Umica Ratnam and Maanya Singh
Year 10: Dakshina Govender, Vihaan Jain, Alexander Mills, Luke Pringle, Victoria Spence and Megan Teh

Thank you to Mrs Johnson for organising the elections and also to the staff and students who assisted with the voting and counting of votes.

HSC Dance Performance Night

The CAPA faculty held its HSC Dance Performance Night on Wednesday, albeit via livestream, highlighting the tremendous skills and talents of our students. This evening provides the chance for our senior students, who will shortly be sitting their HSC examinations, to prepare and perform their practical compositions. The virtual audience, as well as students and staff in attendance, were entertained by a variety of performances, including core performance, major study and student choreography. The quality of all performances is a credit to the Year 12 Dance students and their teacher, Ms Holt. Congratulations to all involved for your efforts!



Achieving Together

Principal: Mr G Johnson
Deputy Principals: Mr M Townsend, Mr B Clements, Mrs A Gatt

Address: 28-44 Purchase Road, Cherrybrook NSW 2126
Phone: 9484 2144
Web: <https://cths.nsw.edu.au>
Email: cths@cths.nsw.edu.au

School Leaders' Induction Ceremony



PNG AUS Partnership

Our partnership with Sogeri National High School in PNG is yet another program which, sadly, has been modified from the original format in response to the COVID-19 pandemic. Last week our students submitted an artwork titled 'The Road Back to Normal' for the 'Tokstori Bilong COVID-19, Stories from PNG and Australia' (loosely translated means; To tell your own story about COVID-19). The artwork, made by students Tania Tabrizi and Daniel De Sacadura, portrays the road/timeline of COVID-19, both locally and nationwide. It also shows the many positives which have come out of the less-than-ideal situation.

Below is a description of the artwork put together by Tania and Daniel:

The main component of the artwork is the black snake-like 'road' that is winding through the centre of the piece. This 'road' acts as a timeline and shows the steps taken to try and prevent COVID-19 from spreading, as well as the steps being taken currently to try progress back towards a semi-normal day-to-day life. The black of the path symbolises how COVID-19 is a bad situation. However, the multi-coloured paths branching off it shows that good things can even come out of something terrible. These coloured paths house the positive impacts that COVID-19 has had on us. The colours in the background also symbolise the journey back to normal, as the dark, deep blue ombre into the sky-blue signalling the bettering of the situation.

Thank you to Tania and Daniel for their commitment to this project and also to Mrs Gatt and her team for organising the project.



P&C Meeting

The P&C Executive met on Tuesday evening, the first meeting for Term 3, again via Zoom as a result of the current Departmental restrictions. At this stage, General Meetings are still on hold, but we are hopeful of returning to the usual format for meetings soon. A big thank you to the P&C members who have gone above and beyond in their efforts to continue to support the school.

Farewell Gabbi Fitzgerald

It is with sadness we farewell Ms Gabbi Fitzgerald, an excellent and well-loved member of the SAS Staff since 2012. We wish Ms Fitzgerald all the best and thank her for her commitment and dedication to students past and present, as she begins a new chapter in her life.

Australian Mathematics Competition (AMC)

On Tuesday, 375 students from all Year groups sat the annual Australian Mathematics Competition. There were; 200 students from Stage 4; 144 from Stage 5; and 31 from Stage 6. We look forward to hearing about their results. Thanks go to Mrs Bartlett and Miss Luu for their organisation.

Cherrybrook Station Community Consultation

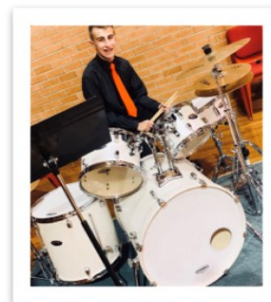
Landcom has launched a new consultation program to help shape the future of Government-owned land around Cherrybrook Station. For more details and to have your say visit:

<https://metronorthwestplaces.landcom.com.au/projects/cherrybrook-project/>




Congratulations to Charlie Tchetchenian






Following on the success of his duet with Michael Buble, Charlie has continued to pursue his musical aspirations by being accepted into Phase One of the Talent Development Project (TDP). The Talent Development Project is a joint program run by the Arts Unit and the entertainment industry for musicians and vocalists. It offers professional advice and tutoring to young musicians from NSW Public Schools, preparing students for careers in the Entertainment and Music Industries. The Project is run by Peter Cousens AM, who is well known in theatre circles and past TDP graduates include Human Nature, John Foreman OAM, Felicity Urquhart, David Le'aupepe (Gang of Youths), The McClymonts, Morgan Evans, Angus and Julia Stone, Sam Fischer, Brad Cox and Diana Rouvas. We wish Charlie all the best in his quest to make it through the next stage of auditions.

Mr Townsend










Child and Youth Mental Health Services in the Northern Sydney Area

Online & Phone Counselling		
Service	Contact Details	Services Provided
 eheadspace	1800 650 890 (9am to 1am/ 7 Days a week AEST) eheadspace.org.au	eheadspace provides free online and telephone support and counselling to young people 12 - 25 and their families and friends.
 Kids Helpline	1800 551 800 kidshelpline.com.au	Kids Helpline is a free Australian telephone and online counselling service for young people aged between 5 and 25.
 Beyond Blue Youth	1300 22 44 36 (24 hours/ 7 Days a week) youthbeyondblue.com	Beyond Blue offers free telephone and online support and counselling with a trained mental health profession.
 Lifeline	13 11 14 (24 hours/ 7 Days a week) lifeline.org.au	Lifeline provides all Australians experiencing emotional distress with access to 24 hour crisis support and suicide prevention services.

Mental Health Intervention & Support		
Service	Contact Details	Service Provided
Headspace <i>Low Level Intervention</i> 	Brookvale headspace 02 9937 6500 Chatswood headspace 02 8021 3668	headspace deliver early intervention mental health, drug and alcohol, sexual health and employment services for young people in a youth friendly environment. <i>For young people with <u>mild to moderate</u> mental health conditions</i>
YESS <i>Moderate Level Intervention</i>  	1800 YESS PM (1800 937 776) E. yess@parramattamission.org.au	YESS is a mental health outreach service for 12 – 25 year-olds who have, or are at risk of developing, a serious mental illness. YESS is an early intervention program and services can include a combination of psychological intervention, case management, peer work, psychiatry support and family intervention. <i>For young people with <u>moderate to severe</u> mental health conditions. It is a service for young people who may require more support than what headspace can provide and for those who do not meet the criteria for the local Child & Youth Mental Health Services (CYMHS).</i>
Child and Youth Mental Health Service (CYMHS) <i>High Level Intervention</i>  	Hornsby Ku-ring-gai 02 9485 6155 Northern Beaches 02 9388 5150 Lower North Shore 02 9462 9222 Ryde 02 9448 6877	The NSLHD Child and Youth Mental Health Services (CYMHS) provide specialist mental health assessment and intervention to children and young people experiencing significant emotional, behavioural or mental health difficulties. <i>For children and young people with <u>moderate to severe</u> mental health conditions.</i>

Please note this is not a comprehensive list of all the services within the Northern Sydney region. All information is correct as of July 2020.

Support Services

Service Name	Contact Details	Services/Focus
Mental Health Line 	1800 011 511 (24 hours/ 7 Days a week)	Provides professional help and advice and referrals to local mental health services for children, teens, adults and older people
Family Referral Service 	1800 066 757 (8am– 6pm Monday to Friday excluding PH) familyreferralservice.com.au	Linking families with the most appropriate service or supports for their individual needs
Butterfly Foundation 	1800 33 4673 butterfly.org.au	Provides information and support for eating disorders and body image issues
Sydney Drug Education and Counselling Centre 	North Shore Service 02 9977 0711 Northern Beaches Service 02 9977 0711 www.sdecc.org.au	Provides free counselling and support for young people aged 12-25 with problematic alcohol and other drugs use (AOD)
Domestic Violence Line 	1800RESPECT (1800 656 463) www.1800respect.org.au	1800RESPECT is the national sexual assault, domestic and family violence counselling service
Taldumande 	02 9460 3777 www.taldumande.org.au	Youth Service offering homelessness services and crisis support accommodation
Twenty 10 incorporating Gay & Lesbian Counselling Services of NSW 	02 8594 9555 www.twenty10.org.au	Providing a broad range of specialised services for gender diverse (LGBTIQ+) young people aged 12-25 including housing, mental health, counselling and social support.
Be You 	https://beyou.edu.au/ Contact for Critical Incidents Be You NSW State Manager 0475 838 049	Be You provides educators with knowledge, resources and strategies for helping children and young people achieve their best possible mental health. Be You also offers support to schools following a critical incident (includes responding to or recovering from a suicide or attempted suicide).
Local General Practitioner (GP)	Local GP's can make referrals to a Mental Health Clinician (i.e. Social Worker, Psychologist, Occupational Therapist) under a Mental Health Care Plan. Under the Mental Health Care plan, you can be entitled to Medicare rebates for up to 10 individual and 10 group appointments within a calendar year.	

In emergency situations ring 000

School-Link: How can we help?

School-Link provides a platform for collaboration where mental health professionals and educators work in partnership with children, young people and their families to achieve optimal mental health and remain engaged in education.

School-Link Services Available

- ◆ Consultation on referral pathways for children, young people and their families
- ◆ Linking Health Services and Education Staff to work together
- ◆ Information on evidence based preventions and early intervention programs and initiatives
- ◆ Access to education, training and professional development on current mental health topics



Contact Details:

School-Link Coordinator

Child & Youth Mental Health Service
 Northern Sydney Local Health District
 Tel: (02) 8877 5325 Mob: 0421 582 964

Email: NSLHD-School-Link@health.nsw.gov.au

Please note this is not a comprehensive list of all the services within the Northern Sydney region. All information is correct as of July 2020.

CAREERS UPDATE

UAC PRESENTATIONS

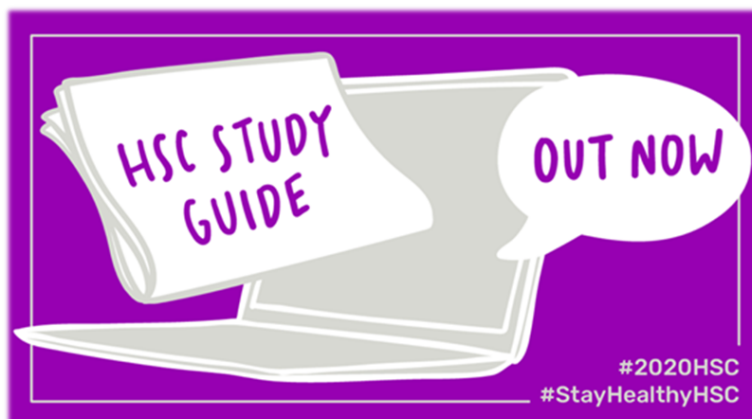
The ATAR and Subject Selection
For Year 10 students and their parents, if you missed out on UAC's presentation or would like to watch it again, visit:
<https://youtu.be/MGo9Q6HbVIs>

The ATAR and Applying Through UAC
Years 11 and 12 and their parents can watch UAC's presentation, which explains the ATAR, scaling and applying through UAC for 2021.
Visit <https://youtu.be/l20L9xMoi0c>

WORK EXPERIENCE

Students wishing to complete work experience from Term 3 onwards need to complete a new Student Placement Record. This form is to be submitted AT LEAST TWO WEEKS BEFORE the proposed placement date. All forms as well as information about how to organise Work Experience has been published to the [Year 10 Careers Canvas page](#) and the VocEd class page.

Please contact Ms Tenedora (Work Experience Coordinator) by email or drop by the Library/Careers Office if you have any further questions.



2020 HSC Study Guide: Now Available

The [2020 HSC Study Guide](#) is available now. Produced in partnership with The Sydney Morning Herald, this year's Guide is full of practical information and advice, including:

- Strategies for keeping healthy
- Tips for effective study techniques
- Helpful advice from past HSC students and HSC markers
- Real HSC exam questions and more.

Skills and Thrills Digital Parents Showcase

The Skills and Thrills Digital Parents Showcase has been created to highlight Vocational Education and Training (VET) and the success stories which emanate from VET pathways. The Digital Parents Showcase will help parents better understand vocational pathways, including apprenticeships/traineeships and school-based pathways, and gives parents the knowledge they need to help their children make informed career choices post high school. To participate, parents need to pre-register their interest to receive viewing information and updates at: <https://www.skillsone.com.au/>.

SkillsOne will also be holding a live streamed Q&A panel discussion on the [SkillsOne Facebook page](#) on 26 August 2020. Industry and education professionals will be available to answer parents' pre-submitted questions posted to the livestream or emailed via info@skillsone.com.au.



Active Apprentices with AATIS

Keep up to date with job, networking and educational opportunities for current and future apprentices. Join the [Australian Apprenticeships & Traineeships Information Service Facebook group](#). Job vacancies are posted weekly!

Find Out Where You Can Get a Job

Having trouble looking for work lately? Seek has put together a great resource which shows you the jobs currently in demand in your local area, helping you narrow your search. Read the interactive article here: <https://www.seek.com.au/career-advice/article/industries-hiring-now-and-roles-where-job-ads-are-rising>.

Kick-Start Your Journey in Games and Film, Beginner's Courses at Academy of Interactive Entertainment

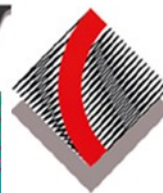
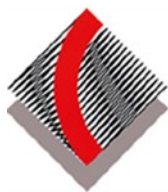
Be ahead of the game. Study game programming, 3D Art and Animation under industry experts at AIE while you're still at school! Endless pathways await you in the game and film industry. Year 10 students should see Mrs Ferguson about how to enrol in the VET course for Years 11 and 12. For more information, visit <https://aie.edu.au/short>.

The Careers Advisers are available for Zoom interview meetings with students and parents. You can arrange a meeting by contacting us via email:

Mrs Ferguson - christine.ferguson@det.nsw.edu.au

Ms Tenedora - franchesca.tenedora3@det.nsw.edu.au

CTHS Library



One Week in December



One Week in December

Last December, Year 10 English classes experienced a new program, 'The Writers in Residence Week'. All Year 10 students participated in this program which, beyond any inherent merit of writing and publishing a thoughtful, creative piece, underpins the writing demands of the Year 11 English syllabus.

The wonderfully generous and supportive P&C must be thanked. Such undertakings cannot exist without their unfailing financial contribution. The 'product' has been delivered and not only looks beautiful, but showcases the work of the many students who submitted their final stories. Those students will receive

their own copies, but everyone can read the stories at <https://www.westwords.com.au/projects/one-week-in-december/>

Rawah Arja's newest publication is 'The F team'. Rawah, one of the authors who ran a workshop, has kindly delivered a copy of her book. It is ready for its first encounter with a reader, so come and borrow it!



Overdues

All library resources (ie. not textbooks or faculty texts) borrowed before the holidays are now overdue. The fine free period has ceased. We shall resume applying overdue charges on late returns. It is easy to avoid this by returning resources on time (see the date due stamp in the back of the book) or renewing the item before the due date yourself on *Oliver*. Once due, you cannot renew it yourself, but you should speak to us and we will do so for you (even if you do not have the book with you).

Britannica Trial Term 3

Browse this online resource while we have free access. In a world of endless information from unchecked and unaccountable sources, it is useful to remember, research requires rigorous fact-checking and an encyclopaedia is a good starting point for an overview, to identify concepts and to determine the scope of the topic.

Britannica School: <https://school.eb.com.au>

Britannica LaunchPacks

LaunchPacks HASS: <https://packs.eb.com.au/hss>

LaunchPacks Science: <https://packs.eb.com.au/science>

Check your email from last term for usernames and passwords or speak to library staff.



Keep logging your reading for the NSW PRC. Closing date for the 2020 Challenge is Friday 28 August. That is the final date for entry of Student Reading Records.

Ms Halder and Ms Sorenson

PROCEDURE FOR EARLY LEAVERS

If a student needs to leave school early, they **must** provide a note from their parent/guardian giving reasons for their partial absence. **The student must hand the note in at the student window before 8.30am** where they will be issued with a leave pass. They can then present this pass to their teacher and leave school at the appropriate time.

On Thursdays, if you have sport, you **MUST** have your early leave note signed off by a member of the PDHPE staff before presenting to the office.

EXTENDED TRADING HOURS FOR YOUR CONVENIENCE!



**2 DAYS ONLY - 6TH - 7TH AUGUST
ZERO & REWARDS CARD HOLDERS**

**20% OFF
SCHOOLWEAR
& EVERYTHING ELSE!**



SHOP IN-STORE & ONLINE

On the day of the event, Lowes will have measures in place to restrict customer numbers and movement throughout the store. Thank you for your support. Lowes will be enforcing social distancing, Marshalls wearing hi-vis vests will be on site. We ask for your support in limiting the number of people you take with you into the store.

DON'T HAVE A CARD? APPLY IN-STORE OR ONLINE & START ENJOYING THE BENEFITS.

*Offer ends midnight (AEST) 7/8/2020. Must use Zero or Rewards card to receive discount. Excludes gift cards, all suit packages & Schoolwear layby's. Cannot be combined with any other offer or discount. Floor stock only. Styles and colours may vary from store to store. No rain checks. Please choose carefully, exchanges and refunds only with docket. Includes existing 5% discount. Savings off original prices.

CALENDAR - Term 3 Week 3A

Monday 3 August	<ul style="list-style-type: none"> • Year 12 AP4 Exams start • Mentor Training Day
Wednesday 5 August	<ul style="list-style-type: none"> • Year 7 Mathematics CAT2
Thursday 6 August	<ul style="list-style-type: none"> • Preliminary Studies of Religion Assessment Task
Friday 7 August	<ul style="list-style-type: none"> • Preliminary Assessment Task - Visual Arts
Saturday 8 August	<ul style="list-style-type: none"> • Year 7 2021 GATS Test