

DEPUTY PRINCIPAL'S REPORT



NAIDOC Week and Remembrance Day

As Cherrybrook Technology High School, we acknowledge that we are on Dharug and Guringai land, whose people are the traditional custodians of the land we learn on. The cultures and customs of all nations, particularly the Dharug, Dharawal and Guringai, have nurtured and continue to nurture this land since the Dreaming. This always was and always will be Aboriginal land. We recognise Aboriginal Australians' continuing connection to the country, water and community. We pay our respect to elders, past, present and emerging.

This week marks NAIDOC week 2020. The theme is *Always Was, Always Will Be* and reflects the connection Aboriginal and Torres Strait Islander peoples have had with the land. This week many students received specific lessons relating to Aboriginal culture, predominantly in their HSIE classes. An experience many seem to have enjoyed. One concept, which has been explored during classes has been the connection between our land, Australia and the part our First Peoples of Australia contributed during conflict both inside and outside of Australia, which is particularly pertinent this week since NAIDOC Week coincides with Remembrance Day.

I have included an excerpt from a lesson which was delivered to our Year 9 students. The class focusses on the Aboriginal Peoples' connection to Country and role in warfare. The picture below, titled *Kulatangu angakanyini manta munu Tjukurpa (Country and Culture will be protected by spears)*, hangs in the foyer of the Australian War Memorial. It is a reflection on the image by one of the artists, Frank Young.



There is a connection that Anangu [Western Desert language-speaking Aboriginal people] have with Country. It is one of the most important responsibilities looking after Country, protecting Country, and keeping Country safe. The Ancestors handed down this responsibility, and it is as important today as it was hundreds of years ago. It is a particular man that will risk his life for Country. Since the Boer War Aboriginal soldiers have fought alongside so many non-Indigenous soldiers, together with one goal to protect this Land. An ocean of blood has been lost for Australia...

...We want to remember our ancestors who have passed. We want to remember those people because we know that in other places they went to war, they come back or they got killed fighting for country. This war memorial you fellas got, we want to do the same: remember our people, what they did, what they fought.

Frank Young, Chair, Anangu Pitjantjatjara Yankunytjatjara Lands, 2017

Stage 4 HSIE classes have also been exploring this year's NAIDOC theme by using virtual reality. Using resources provided by the Aboriginal Heritage Office based in Guringai area, students were able to virtually explore Aboriginal carving sites and rock art from around northern Sydney. Through this, they considered how Aboriginal connection to Country is maintained and expressed.



Achieving Together

Principal: Mr G Johnson
Deputy Principals: Mr M Townsend, Mr B Clements, Mrs A Gatt

Address: 28-44 Purchase Road, Cherrybrook NSW 2126
Phone: 9484 2144
Web: <https://cths.nsw.edu.au>
Email: cths@cths.nsw.edu.au

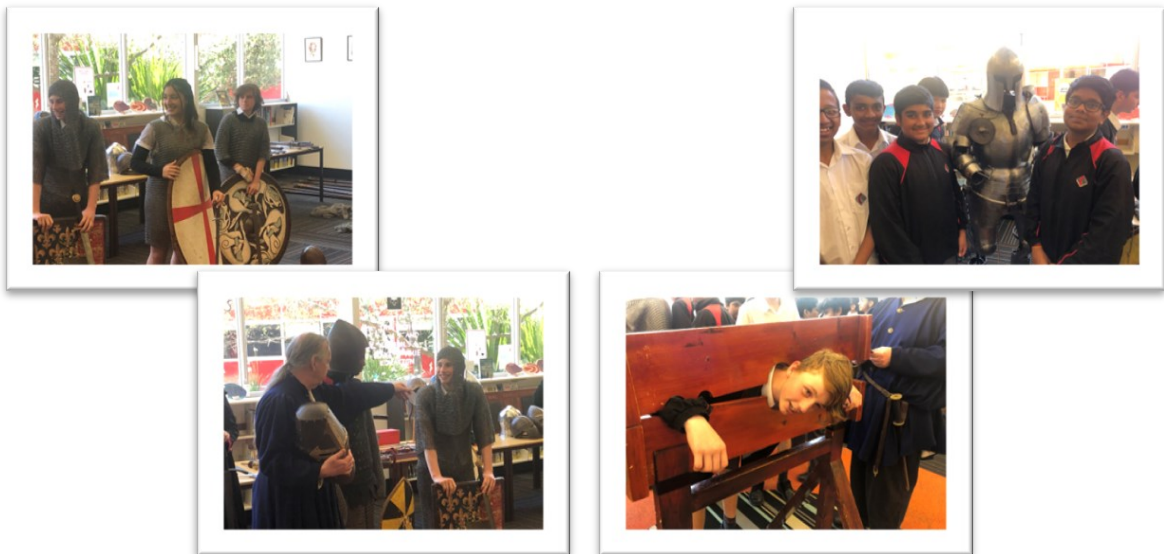
Geography Excursion

On Wednesday, the Year 11 Geography class completed their assessment for proficiency in open water sports, involving a capability test in still water, culminating with a trip down to Chowder Bay for some hands-on snorkelling instruction. As you can see from the pictures, it was not only educational, but also highly enjoyable. This experience will be invaluable, as the group prepares for their trip to Lady Elliot Island, where the group will study Eco-Tourism and explore the biodiversity of the Great Barrier Reef. Hopefully, the re-elected Premier of Queensland will consider allowing visitors from NSW soon to facilitate this vital experience.



Medieval Day

On Wednesday, Year 8 students were treated to James Adams' Medieval Show where they enjoyed learning about medieval weapons, armour, law and order, medieval dress, battle tactics and facts about life during this period. Students were able to participate in demonstrations, as well as wield weapons and try on medieval clothing and armour. Many thanks to Mr Hartman for organising this event which was a fantastic opportunity for students to experience a practical experience from a time long ago.



P&C Meeting - Tuesday 17 November

The latest COVID-19 updates from the NSW Department of Education and NSW Department of Health have eased restrictions on all of us. P&C meetings can now be held face-to-face and, as such, the final meeting for the year will be held on Tuesday 17 November at 7.30pm in the Common Room. The focus of the meeting will be 2020 reflection, providing an opportunity for the investigation of the strengths and weaknesses of CTHS. This valuable data will be used for future planning and improvement as we move towards a new four-year planning cycle. If you would like to come and provide feedback, you are strongly encouraged to attend. If you are planning on attending the meeting, please use the QR code opposite to register, so we can adhere to our COVID-19 plan.



HSC Concludes

On Wednesday afternoon, the last of the HSC examinations for 2020 were conducted. The small cohort of Drama students appeared to be relaxed and well-prepared as they entered the examination room for the final time in their school career. From all reports, the examination was fair and the questions were accessible for all students. Congratulations are extended to all our HSC students who are now able to relax and unwind as we all eagerly await the results, which will arrive later next month. Thanks also to our invigilators, Ms Adamou and Mr Edinborough, for their organisation and management of the examinations.

End of 2020 and Start of 2021 Arrangements

A reminder to all parents, school will conclude on Wednesday 16 December, after period 4. Following period 4, students will attend a short assembly from which they will be dismissed for the summer holidays, at approximately 12.30pm. Any parent who needs their child supervised until 3.00pm on Wednesday 16 December should contact the school by emailing cths@cths.nsw.edu.au so the school can accommodate this.

A reminder the Department of Education has changed the scheduling of Staff Development Days (SDDs) in 2021. Term 1, 2021 will commence with the first two days being SDDs, whereas the two SDDs at the end of Term 4 have reduced to one. Terms 2 and 3 will remain the same, with each of them commencing with a Staff Development Day.

Year 11 Presentation Assembly

The first of the cohort assemblies was held on Friday afternoon in the MPC. To align with COVID-19 restrictions, social distancing measures were applied and the event was kept brief. Students were recognised for their achievements across the Preliminary Courses, having all now commenced their HSC learning. Whilst all the major awards for students will be presented at the Presentation Night Ceremony on 8 December, it is still essential, particularly in the context of a large school, to recognise student achievement. Congratulations to all those who received recognition for their hard work.

Vaping

Recently in the press, there have been reports about the prevalence of vaping among teens. This is also an issue for us at CTHS, with a range of students participating in this activity. Whilst the long-term effects of vaping are not yet clear, there is strong evidence to suggest, e-cigarettes are not without risk. The facts are, there are a number of hazardous substances present in vapes, notably formaldehyde, acetaldehyde and acrolein, which are known to cause cancer. However, the ingredients can vary from one product to another.

Vapes can vary in their appearance and are often mistaken for other items such as pens, memory sticks and cigarettes themselves. Vapes can also contain nicotine and other illicit substances, although it is illegal to sell these in NSW. We would ask parents to be vigilant and proactive in having conversations with their teenagers about the risks, as well as having an awareness of the CTHS and DoE policy regarding the use and sale of these items, which falls under the same criteria as cigarettes.

Mr Townsend



[CTHS library Instagram](#)

Visit our Instagram page to see what's happening in the Library, better still, follow us!

Year 10 Writers in Residence

Writing, even in a computer age, is an essential skill, not only for the senior years, but wherever your life takes you. This program supports the English syllabus, in particular the requirement of a Writing portfolio which is mandatory in the Reading to Write unit. Students work with authors to create, refine and publish a story or written work. You can view last year's publications here [One week in December](#).

The program runs over five days during Weeks 6-8 and for double periods and all Year 10 students are expected to attend. The permission note and payment details have been sent to your parent/carer via email. Please return the completed note, with payment, to the student window. If you require a printed copy, please collect one from the Library.

Year 7 Literary Festival

The Literary Festival is now a well-established event, providing students with an opportunity to engage with authors, illustrators, poets and performers in a range of workshops and presentations. The variety ensures each student can find inspiration and engagement.

All Year 7 students are expected to attend this incursion. The permission note and payment details have been sent to your parent/carer via email. Please return the completed note, with payment, to the student window by Friday 13 November. If you require a printed copy, please collect one from the Library.

Ms Halder and Ms Sorensen

Teacher Appreciation Breakfast

Following the recent Teacher Appreciation Day, the CTHS Student Executive had the privilege of hosting the Teacher Appreciation Breakfast last Friday, 6 November. It was our opportunity to say a well-deserved thank you for the all hard work and dedication our wonderful CTHS staff bring to this school.

As a part of this event, teachers were gifted with a delicious treat, a lovely thank you message and most importantly, free coffee! Whilst the orders came thick and fast, thanks to the help and great coffee-making skills of some of our Exec, as well as the Year 10s currently involved in the CTHS Barista Program, each and every one received a 'brew-tiful' drink of the upmost barista quality!!

Coffee puns aside, the breakfast went off without a hitch and everyone enjoyed the experience.

Huge thanks to Ms Adamou as well as our Year 12 Advisers, Ms Holt and Mr Fairclough, as without their help, this event would not have come to be. Another big thanks goes to Mr Hind for his valuable assistance behind the coffee shop.

Bailey Fraser, School Captain



New Environmental Initiative, Frog Pond Initiative

Come and be part of our new Frog Pond Initiative team (FPI) where we help to sustain our ecosystem by taking care of the area and implement new design ideas. With the sheep run and Aboriginal yarning circle surrounding our frog pond, it is important to keep the region sustainable for rich biodiversity.

Join us once a month, Wednesday lunchtime behind J Block building. Participation in this initiative can go towards School Hours. Keep in touch via the Daily Notices, dates will be announced prior to every session.

Kaylee Li, Environmental Representative





Cherrybrook Technology High School Vaccination Clinic Friday 27 November 2020

Year 7 Human Papillomavirus Vaccine (Dose 2)

**Catch-up vaccinations for absent Year 7, 8 and 10
will be done at any subsequent clinic,
dependent on the interval between doses.
*There is no need to go to the GP for these vaccines.***

Parents will be contacted regarding catch-up vaccinations.

NSW Health is ensuring students are safely vaccinated at school during COVID-19

NSW Health has been working with education authorities to implement additional measures to ensure students in Year 7 and 10 can be safely vaccinated during the COVID-19 pandemic. Despite concerns around COVID-19, it is important the School Vaccination Program continues, to provide timely protection against other diseases.

- NSW Health will be offering **Human Papillomavirus (HPV) dose 2** vaccinations to **all Year 7 students on Friday 27 November 2020**.
- Also, **Meningococcal ACWY** vaccine will be available for **Year 10 students** who haven't yet been vaccinated.

Additional Measures

NSW Health has implemented additional measures, based on expert clinical advice, to reduce the likelihood of COVID-19 transmission in school clinics, including:

- Health screening of nurses before clinics
- Pre-vaccination screening of students
- Physical distancing restrictions at the clinic entrance, in the clinic and in the observation area
- Ensuring the number of students and nurses at the clinic does not exceed the maximum allowed
- Enhanced hand hygiene by nurses
- Enhanced environmental cleaning of all surfaces.

What parents should do

Parents who have given consent for their child to receive vaccinations at school do not need to take any extra action. Parents who have **NOT** provided consent should contact the school on how to consent for vaccination or their local public health unit on 1300 066 055. ***Parents must ensure their child is well and completely free of any acute respiratory illness before they attend school.***

More information

Information about school vaccinations is available via the following link:

<http://www.health.nsw.gov.au/schoolvaccination>.

It is very helpful to adolescents to be informed about this process. This following short video has useful information about the vaccines and how the School Immunisation Clinic will run:

<https://www.health.gov.au/resources/videos/getting-your-hpv-dtpa-vaccinations-at-school-what-to-expect>.

A Record of Vaccination card will be provided to each student. Details about vaccinations given at school will also be uploaded to the Australian Immunisation Register (AIR).

Mrs J Navarro, Head Teacher Student Programs



Trust is an important part of any relationship. It represents your belief in someone's good sense, ability or honesty. As your child gets older and starts becoming more independent, it can be difficult to find the balance between a teenager's need for independence and privacy, and your need to know what's happening to keep them safe. Find out how you can stay involved in your child's life through building a trusting relationship.

This could help if you:

- Want to understand why building trust is so important
- Are concerned about your child breaking your trust
- Want to learn how to develop mutual trust with your child.

Why is building trust with your teenager important?

Your child needs your trust to help them in their transition through to adulthood. However, this trust needs to be mutual. You and your child need to meet in the middle and develop a healthy way to trust in each other and each of your decisions. Remember that the more this mutual trust is tested, the longer it will take to get to a place where you are both confident you can trust each other. A relationship without trust leads to second-guessing and questioning each other's honesty. When your child was young they probably trusted you unequivocally, as the person that kept them safe.

However, as children grow up and become more independent, they start to notice and question more. It's around this time that your child may notice whether you do what you say you will do, which is a key factor in building trust. As a parent, you can't demand trust. It's a gradual process that requires mutual commitment and it will inevitably strengthen your relationship. It will also set your child up to develop healthy relationships in the future. It's worth noting that teenagers are going through an intensely private time in their lives. Personal space becomes very important to them, so the desire for privacy doesn't always mean untrustworthy activity is taking place. It's important to keep that in mind.

Benefits of building trust with your teenager

By building a trusting relationship with your teenager, you're likely see many benefits, including:

- Your teenager feeling open and comfortable to talk to you about difficult things
- Your teenager demonstrating positive, trustworthy behaviours in other aspects of their life, setting them up for positive relationships into adulthood
- Building a relationship with your teenager that goes beyond a parent-child disciplinary relationship, and strengthening your bond for years to come.

What if my child breaches my trust?

Breaches of trust are to be expected, especially as your child starts to push boundaries to test their independence. Depending on the impact of their actions you should work with them to decide on appropriate consequences, which could range from a simple chat about your expectations, through to removal of privileges while they show that they can rebuild trust. Remember that as a parent, you're the most important role model in your child's life, and it's vital that you demonstrate honesty and trustworthiness, in order to teach your child how you expect them to behave.

Talk to them about the importance of honesty and trust, but also make sure it's reflected in your actions. If your child repeatedly breaks your trust without showing any signs of remorse or if they show self-destructive behaviours, it might be time to seek help from a professional, such as a Counsellor or Psychologist, as this could indicate other underlying issues. Consider connecting with other parents in your community to reliably stay informed about your child's activities and friends.

<https://au.reachout.com/>

CAREERS UPDATE

REMINDER: 2021 Career Mentoring Program Closing Soon!

Students who are successful in their application will be matched with a mentor from the community based on their career and life interests. The mentors will help students develop the knowledge, skills and experiences associated with their chosen field. Responses to this expression of interest should be submitted ASAP and through the online form [here](#).

Change of Preference - Online Expo

The Good Universities Guide is hosting a free online expo during Change of Preference to connect students, parents and career advisors directly with Australian institutions. On the day you will have the opportunity to attend webinars or chat directly with institutions via a live chat system. There are events held in each state, visit the event page on the [Good Universities website](#).

University of Sydney Info Day - 19 December

Join us on campus and online at Info Day. Get course advice, your last-minute questions answered and experience the University of Sydney before finalising your preferences for entry. We've designed the day for domestic Year 12 students, but we welcome family and friends, along with anyone interested in undergraduate study in 2021. Register for the event via their [website](#).

Summer Skills Fast Track Training with TAFE NSW

Fast-track into a career or further study with free skills training this summer. Explore your interests, gain new skills for in-demand jobs and industries and take control of your future, today. All NSW 2020 Year 12 school leavers can enrol in Summer Skills training courses over the summer period. Places are limited so call us on [13 28 11](tel:132811) to find out where training is taking place near you or read more about the [Summer Skills](#) program. Summer Skills is an initiative of NSW JobTrainer. It offers 2020 Year 12 school leavers the opportunity to upskill, prepare and get ahead through fee-free training courses in construction, coding, business, horticulture, social media, mental health and more. Find out more here:

<https://www.education.nsw.gov.au/campaigns/summer-skills.html>

Check out the current opportunities with 1300apprentice!

An [apprenticeship program](#) is generally completed over four years. Within the first three years, you will complete structured training by a Registered Training Organisation (RTO) such as TAFE. Competency-Based Completion can be attained through discussion with your host employer, RTO and your Field Officer. Find out how 1300apprentice can help by visiting their [website](#).

CTHS Careers Advisers

The CTHS Careers Advisers are available for Zoom interview meetings with both students and parents. You can arrange a meeting by emailing Mrs Ferguson, christine.ferguson@det.nsw.edu.au or Ms Tenedora, francesca.tenedora3@det.nsw.edu.au.

Mrs Ferguson and Ms Tenedora

Industry Snapshots

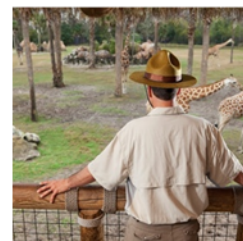


Strong growth for Beauty Industry

Beauty is a booming industry around the world, and is still growing strong in Australia. If you're interested in a career in beauty and love helping people look and feel their best, check out our interview with Molly from Endota Wellness College to find out how you can thrive in this growing industry. Take a look at the interview [here](#).

How to become a Zookeeper

Loving animals isn't really enough, if you'd like to be a zookeeper you'll need to be dedicated and devoted to building relationships and caring for animals. If you're practical, able to remain professional and maintain high standards of safety and care for the benefit of all, then a career as a Zookeeper could be worth exploring. Find out more [here](#).



Work in Agriculture

Looking for work that's tough but rewarding? Agri Labour Australia are looking for people interested in helping out with the upcoming harvests around the country. If you're hard working, fit, and looking for a challenge, there could be an ideal job waiting for you. [Register your interest to find out more.](#)



Nutritionist vs Dietitian vs Sports Dietitian – Australia?

Outside of people within the profession, it is confusing what the differences are between nutritionists, dietitians, and sports dietitians. Dietitian, Aidan Muir, admits that halfway through his degree not even his lecturers or fellow students could come up with a good answer. Learn more about these dynamic roles (and their differences) by reading the [article here](#).





Service of Remembrance

for families whose children have died or are missing

Tuesday 1 December 7:30pm

St Matthews Anglican Church

In person: cnr New Line and Castle Hill Roads, West Pennant Hills

Online: www.stmatts.org.au/events/remember

This service, open to families (and friends) who've lost a child (of any age), seeks to ease that pain a little by offering a means of acknowledging and remembering a deeply loved and missed family member.

With a brief message from Rev. Peter Jensen

Our desire is to have the children of each one of you recognised. For details on how and any extra COVID requirements please check our website.

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SHOP IN-STORE & ONLINE

On the day of the event, Lowes will have measures in place to restrict customer numbers and movement throughout the store. Thank you for your support. Lowes will be enforcing social distancing, Marshalls wearing hi-vis vests will be on site. We ask for your support in limiting the number of people you take with you into the store.

DON'T HAVE A CARD? APPLY IN-STORE OR ONLINE & START ENJOYING THE BENEFITS.

***Offer ends midnight (AEST) 13/11/2020. Must use Zero or Rewards card to receive discount.** Excludes gift cards, all suit packages & Schoolwear layby's. Cannot be combined with any other offer or discount. Floor stock only. Styles and colours may vary from store to store. No rain checks. Please choose carefully, exchanges and refunds only with docket. Includes existing 5% discount. Savings off original prices.

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CALENDAR - Term 4 Week 6B

Monday 16 November	<ul style="list-style-type: none"> • Hospitality Work Placement begins • 11/12 Modern History Core Study Day • Year 12 Formal
Tuesday 17 November	<ul style="list-style-type: none"> • Year 10 Writers in Residence - Library • P&C Executive Meeting - 6.30pm Conference Room • P&C General Meeting - 7.30pm, Staff Common Room
Thursday 19 November	<ul style="list-style-type: none"> • Year 10-11 VET Information Evening (Hospitality & Construction) • Year 10 Writers in Residence - Library • 11/12 Modern History Assessment Task 1
Friday 20 November	<ul style="list-style-type: none"> • HSC Assessment Task - Physics • Hospitality Work Placement ends